

WELL Weekly Update

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June 21 - Film Series – “The Prize” Part 2 – Little Lake Clinic 7:00 pm
June 25 – ‘County Hall’ Meeting – City Council Chambers 6:30 pm
July 1 – Parade Practice in the Park – Bud Snyder Park 4:30 pm
July 4 – Frontier Days Parade – Recreation Grove 11:00 am
July 16 – WELL Speaker Series – Maria Gilardin - 6:00 pm
July 19 - Film Series – “The Prize” Part 3 – Little Lake Clinic 7:00 pm
July 21 – Films in the Park – Focus on Food
August 16 - Film Series – “The Prize” Part 4 – 7:00 pm
August 18 – Films in the Park – Focus on Emergency Preparedness
August 27 – WELL Speaker Series – Kate Marianchild – 6:00 pm
September 10 – WELL Quarterly Meeting – 6:00 pm
September 15 – Films in the Park – Focus on Water
September 24 – Shay Salomon – Little House on a Small Planet
October 21 – Harvest Festival – at Little Lake Grange
November 5 – WELL Speaker Series - Walter Smith - Localization in a Global Community

Articles and Items of Interest:

Channel 3 Shows of Interest
How the Largest Movement in the World Came into Being: Are You a Member?
By Jed Diamond

Calendar of Events:

Film “The Prize” an important Film in 4 parts

June 21 – Part 2

July 19 – Part 3

August 16 – Part 4

This is the definitive story on the history of oil or black gold from the drilling of the first well in Pennsylvania through two great world wars to the Iraqi invasion in Kuwait. Learn how and why oil has become the largest industry in the world. This film is a visual roadmap that shows us where we’ve been and where we’re going as the world heads into an uncertain landscape of the 21st Century. “Unquestionably the Prize is the most comprehensive and detailed treatment of the century and a half of oil”, said James Schlessinger, former Secretary of Defense under President Nixon. We have become the Hydrocarbon Man. Running time is approximately 8 hours. It will be shown in 4 installments.

All showings: 7pm – Little Lake Health Center - 45 Hazel Street in Willits

June 18 – WELL Quarterly Meeting –Willits Community Center 6:00 pm

“Shall WELL extend voting rights to all Subscribing Members and eliminate the distinction between Working Members and Subscribing Members?”

This is what we will be voting on at our Quarterly Meeting. The Amended Bylaws and Articles of Incorporation for Earthmind are not yet complete, though the process is moving along. We hope to have the final documents to vote on as of the end of July or beginning of August.

We will have music and food and reports on the various projects that are going on around town. The Coordinating Committee has been working on our own project, the WELL MidWIFE Program. This is designed to give small grants to local projects that further the goals of WELL. We will announce the details at this meeting.

If you have a project, we want to hear about it! Call Liam at the WELL Office, 459-1256, to make a time for you to tell us what’s going on.

June 25 – ‘Town Hall’ Meeting – Willits Council Chambers 6:30 pm

Last autumn the Supervisors of the County of Mendocino authorized the Mendocino County Energy Working Group to develop recommendations for the County General Plan in regards to reducing Green House emissions and increasing the use of renewable energy sources in the County. The Energy Work Group has now produced a comprehensive report which they will be presenting at a series of Town Hall meetings around the County. Please come to hear and be heard. The General Plan now being developed by the Board of Supervisors will instruct County Policies for the next 20 to 30 years. It is vital that it address the issues of Global Warming and Peak Oil because these issues will certainly affect our County whether we are prepared for them or not.

July 1 – Parade Practice in the Park – Bud Snyder Park 4:30 pm

Help plan our procession! Bring your enthusiasm, and your garden implements, to Bud Snyder Park (that’s City Park, across the street from City Hall) on the afternoon of Sunday July 1. There we will learn the rhythms of Farming for Food and Fun which we will pound out in our walk on July 4. Let’s declare our independence from the 1500 mile long supply chain bringing our food to our tables!

July 4 – Frontier Days Parade – Recreation Grove 11:00 am

Imagine it: a troop of gardeners, gleaners & farmers marching, dancing, playing the tools of their trade, and showing how this valley can become again the food producing powerhouse that it once was. If you dig in the dirt, prune fruit trees, pluck ripe plums and ripe tomatoes, or simply love a salad of greens from your garden then join us as we

march in honor of Farming For Food and Fun. On Sunday, May 27 we will gather in Bud Snyder Park (that's City Park, across Commercial from the Community Center) to plan and practice. Call Liam at the WELL Office (707) 459-1256 or Freddie Long (707) 459-5267 for more information.

July 16 – WELL Speaker Series – Maria Gilardin - 6:00 pm
“How Local Defeats Global: 9 Years of Useful Consciousness”

Maria Gilardin is coming to Willits! If you don't know her, you might know her voice, sort of a cross between Marlene Dietrich and Greta Garbo. She speaks slowly and precisely, with just the right tone to convey the seriousness of the subjects that she and her guests discuss.

She is the host of TUC Radio, one of the best nationally syndicated public radio shows that features keen interviews and leading-edge talks in the half-hour format. It is featured every week on KZYX/Z at 4 PM on Tuesdays.

Why does she call her radio show TUC? As she tells it, "When looking for a name, I came across a pilot's handbook and found the acronym TUC, an aeronautical term. 'Time of Useful Consciousness' is the time between the onset of oxygen deficiency and the loss of consciousness. These are the brief moments in which a pilot may save the plane."

Get it? We live in a struggling democracy and the People are the pilots. She is trying to help us save our democracy.

Maria will present excerpts of two of her recent programs on video as intriguing openers for what surely will be a lively debate. In an interview snatched from government censors, NASA scientist James Hansen explains why our time of useful consciousness is 9 years and what might happen if we miss the deadline. Hermann Scheer, member of the German Parliament, talks about his one page legislation that has made Germany the leader in alternative energy. He expects to phase out all fossil fuels and nuclear within 40 years - unless corporations will destroy alternative energy yet again. Bill McKibben shows that local effort can have national consequences and quotes Edward Abbey on the destructive power of an economy that measures success by growth and Gross Domestic Product. "GDP - boy, is that gross!" says Abbey.

July 21 – Films in the Park –Recreation Grove
Focus on Food - “The Power of Community: How Cuba Survived Peak Oil”

Willits Action Group (WAG) and WELL are cosponsoring a series of evenings about important issues facing Willits and what you can do about it right now. Our first evening will feature a film about how Cuba adapted when the Soviet Union fell and Cuba's oil supply was reduced by 50%. The key was changing the way their food was grown and changing the priorities of their economy. We will feature a local DJ, there will be hot food for sale by Nuestra Alianza de Willits and the many volunteer

organizations and projects that focus on food in our area will be represented and looking for volunteers.

August 18 – Films in the Park – Focus on Emergency Preparedness

Our film will be about the aftermath of Katrina and our speaker will be Mendocino County Sherriff Tom Allman, who was among those who traveled to Louisiana and volunteered to help during the aftermath and clean up from that disaster.

If an earthquake happened tomorrow, the Big One they keep telling us is coming, how would Willits handle it? When the panel of local First Responders gathered on October 25, 2005 they said that in a severe disaster effecting the San Francisco Bay Area as well as Mendocino County, we might have to wait three weeks before help arrived from outside our area. Like the smaller communities near New Orleans after Katrina, we may need to rely on our own resources. The most important of those resources is we, ourselves. Training and signups for the Citizen Emergency Response Teams are ongoing. Their next class starts in August. The Red Cross is starting to train and recruit again in our County, starting next week (Contact Joyce Adams 577-7603 or dsaa@sonomacounty.redcross.org). Come out to the park and find out how YOU can help!

August 27 – WELL Speaker Series – Kate Marianchild – 6:00 pm The Fifty Species Challenge

How many species can YOU identify when you look out the window or walk through our woods and fields? Supported by members of Redbud Audubon, this program challenges each of us to know fifty species in our own home environment (birds, animals, plants, insects, etc.) and know how they interact with each other. With the tools Kate will show us, this is a way of making your environment your home and truly connecting people with place.

September 10 – WELL Quarterly Meeting – 6:00 pm

Our September meeting will have elections for the Coordinating Committee. We will also find ways to have fun and do some good for our community.

September 15 – Films in the Park – Focus on Water

Willits is facing water restrictions this summer. Our City Council has had several Council Meetings at which our water issues have been spoken about in full. Now is time for all of us to act. The Mayor's Water Conservation Challenge, detailed in the Articles and Items of Interest section of this Newsletter, is one way all of us can put our creativity to the test to find solutions. On this evening we will see a good film on Water Conservation (which I am still looking for!) and we will culminate the Mayor's Challenge by awarding prizes for the ideas generated by her Challenge. Stay tuned for details!

September 24 – Shay Salomon – Little House on a Small Planet

Shay Salomon is an author, educator, and a builder in the field of natural construction methods.

Small House Society. Shay Salomon is a co-founder of the Small House Society, which she helped establish along with Nigel Valdez, Jay Shafer, and Gregory Paul Johnson in the fall of 2002, when Shay and Nigel visited Jay and Greg in Iowa City, and gave a talk at the local library. Since that time, the Small House Society has been recognized by Time Magazine, The Wall Street Journal, National Public Radio, The Columbia News Service, and other news media sources

Little House on a Small Planet. At the time of establishing the Small House Society in 2002, Shay and Nigel were traveling, collecting floor plans, stories, and photographs of the small house movement. They worked on this project for about 7 years, and were supported in part by a grant from the Graham Foundation for the Fine Arts. This year, Lyons Press (GlobePequot) published their book, *Little House on a Small Planet*. LHSP is a self-help, home-improvement guide for people who want to increase their happiness by living in much less space.

Articles and Items of Interest:

Channel 3 Shows of Interest

"Power of the sun" A documentary on photovoltaic screening

Thursday, June 14 - 8:30 pm

Friday, June 15 - 7:00 pm

"An introduction to WELL with Brian & Jason"

Thursday, June 14 - 7:00pm,

Friday, June 15 - 3:00 am

"Stone soup at the WELL"

Thursday, June 14 – 7:30 pm

Friday, June 15 – 2:00 am

How the Largest Movement in the World Came into Being: Are You a Member?

by [Jed Diamond](#) @ 7:39 pm. Edit This Filed under [Love & Relationships](#), [Men's Health](#), [Work & Career](#), [Transitions](#), [Workplace Trends](#), [Women at Work](#), [Money](#), [ThirdAge Voices](#)

Come visit me at www.MenAlive.com and receive a copy of my free e-newsletter on men, relationships, and the future.

I just returned from attending one of the most unique gatherings of men and women I have ever experienced. It was put on by [BALLE](#) (Business Alliance for Local Living Economies). <http://www.livingeconomies.org/>

My guess is that you haven't heard of BALLE. They are part of a movement that Paul Hawken describes in his new book *Blessed Unrest*. The subtitle of the book is **How the Largest Movement in the World Came into Being and Why No One Saw It Coming**. You might be surprised to learn that you are part of the movement and don't even know it.

This was the fifth annual BALLE conference, but the first one I had attended. I had known about the other gatherings from long-time movement leader David Korten who is one of the founders of BALLE. His most recent book, *The Great Turning: From Empire to Earth Community*, gives one of the clearest pictures I've seen about the nature of the world-wide problems we share, but more importantly what we can do to turn things around.

BALLE is an international alliance of 52 independently operated business networks with more than 15,000 members dedicated to building Local Living Economies. They envision a sustainable global economy made up of Local Living Economies that build long-term economic and prosperity through local business ownership, economic justice, and environmental stewardship.

For three days I met with people from around the U.S. and throughout the world to accomplish some exciting tasks:

- 1) To re-define what it means to be a successful entrepreneur in the Twenty-first century.
- 2) To learn how to build more self-reliant communities, and
- 3) To share concrete solutions that others can use in their own communities.

I encourage you to check out BALLE. You may already be aligned with their principals and wish to join. You may find that you'd like to shift your work focus to be doing work that is more self-fulfilling and more in keeping with what the planet needs.

Paul Hawken is a long-time colleague. He is an environmentalist, entrepreneur, journalist, and bestselling author of seven books. His most recent, *Blessed Unrest*, is the first of its kind on the planet. With so much "bad news" about global warming, peak oil, populations expanding, and economies failing, it is easy to become discouraged. Yet Paul gives us great reason for optimism.

He has gathered information on a world-wide movement made up of environmental organizations, social justice initiatives, and indigenous cultural resistance to globalization. What's more he's put all this together in a world-wide internet platform called WiserEarth (WISER standing for World Index of Social and Environmental Responsibility, www.wiserearth.org). It is now the largest database of its kind in world, listing organizations in 243 countries. Check them out and see if your favorite organization is listed.

There's also room to add new organizations, if your favorite is not listed. So here's a question for my readers. What is the nature of your work? In what ways does it satisfy your needs for self-fulfillment? In what ways does it add value to the world? Do you feel hopeful about the state of the world in the future?

Everyone can join wiserearth.org. I just joined. Check it and let me know what you think.

Jed Diamond, author
Male Menopause & The Irritable Male Syndrome
www.MenAlive.com
www.TheIrritableMale.com