

## WELL Weekly Update

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May 17 – Film Series – “The Prize” Part 1 –Little Lake Clinic 7:00 pm  
May 18 to 20 – RLNC 2007 at Brooktrails Lodge  
June 4 – WELL Speaker Series: Greg Pahl – The Grange 6:00 pm  
June 18 – WELL Quarterly Meeting –Willits Community Center 6:00 pm  
June 21 - Film Series – “The Prize” Part 2 – Little Lake Clinic 7:00 pm  
July 4 – Frontier Days Parade – Recreation Grove 11:00 am  
July 16 – WELL Speaker Series – Maria Gilardin - 6:00 pm  
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August 27 – WELL Speaker Series – Kate Marianchild – 6:00 pm

### Updates

#### WELL needs a little help

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May 28 – GULP is sponsoring, a workshop with Joanna Macy  
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### Calendar of Events:

#### May 14

WELL Plenary Meeting: Film Night - Food, Music & Films “Kilowatt Ours”  
Willits Library Community Room - 6:00 PM - 390 E. Commercial St.

Did you know that by recycling a single aluminum can we conserve enough energy to power a regular TV for a whole hour? Did you know that if every home in America used just one energy efficient light bulb that we would instantly cut greenhouse gas emissions by 1 trillion pounds per year?

Kilowatt Ours is an inspirational and enlivening film that demonstrates how easy it is to conserve energy that is produced from traditional sources as well as the many ways the average consumer can easily become part of the renewable energy revolution. The film reveals the connection between personal choices and energy use and introduces us to individuals, businesses, schools and universities who have cut their energy use in half by taking simple steps that benefit the consumer, the environment and the economy. We are

given tours of super-efficient homes, office buildings and entire schools that have changed the future of America by employing the concepts of day-lighting, geothermal heating and cooling, solar and wind power, and the purchase of blocks of green energy from local utilities.

Tom DeMarchi and Madge Strong will be entertaining us before the film and food will be available to munch on.

### **May 18 – 20 RLNC - Regional Localization Networking Conference 2007**

In this second annual conference sponsored by WELL and the City of Willits, we will be focusing on how to build and maintain relationships: within a Localization group, with the Stakeholders in a community, with local and County governments, and between Localization groups in the same bioregions. Our keynote speaker will be Peter Russell, an internationally renowned futurist, environmentalist and speaker. He is the author of the *Global Brain* as well as other popular and insightful books.

We encourage local business people to join us as we help to make our future secure.

If you are interested in attending please contact the WELL office at 459-1256 or download the application at <http://www.willitseconomiclocalization.org/files/well/RLNC2007Packet.pdf>. For those who want to stay at Brooktrails Lodge for the Conference, the price is \$295 for the weekend. If you have lodging in the area the price is \$150 for the weekend. If you are interested in assisting we do have a few places open. Call Liam at the office to be put on a list.

### **June 4 - WELL Speaker Series: Greg Pahl – The Grange 6:00 pm**

Greg has been involved in environmental issues for more than 20 years. In the 1970s he lived “off the grid” in a home in Vermont with a wind turbine atop an 80-foot steel tower that provided for his electrical needs. He is a founding member and codirector of the Vermont Biofuels Association. He has written about biodiesel, wind power, wood heat, solar energy, heat pumps, electric cars, sustainable forestry management, and “green” home building materials. Most recently Greg has written *The Citizen-Powered Energy Handbook* (2006, Chelsea Green). Join us at the Grange at 6:00 pm for food, music, and talk. Greg will start speaking around 6:45.

### **Film “The Prize” an important Film in 4 parts**

**May 17 – Part 1**

**June 21 – Part 2**

**July 19 – Part 3**

**August 16 – Part 4**

This is the definitive story on the history of oil or black gold from the drilling of the first well in Pennsylvania through two great world wars to the Iraqi invasion in Kuwait. Learn how and why oil has become the largest industry in the world. This film is a visual roadmap that shows us where we’ve been and where we’re going as the world

heads into an uncertain landscape of the 21<sup>st</sup> Century. “Unquestionably the Prize is the most comprehensive and detailed treatment of the century and a half of oil”, said James Schlessinger, former Secretary of Defense under President Nixon. We have become the Hydrocarbon Man. Running time approximately 8 hours. Shown in 4 installments. All showings: 7pm – Little Lake Health Center - 45 Hazel Street in Willits

### **June 18 – WELL Quarterly Meeting –Willits Community Center 6:00 pm**

Along with Music and food, we will have a vote on the proposal to merge Earthmind and WELL into one entity. The Coordinating Committee and the Earthmind Board of Directors have been listening to what you tell us and our proposal is being vetted by our attorney to help avoid problems. Come join us as we complete our organizational process and move ahead with the agenda of localizing our community.

### **July 4 – Frontier Days Parade – Recreation Grove 11:00 am**

WELL is planning to march in the Frontier Days Parade. Imagine a troop of farmers, gardeners, and gleaners carrying hoes, rakes, and pruning shears. If you would like to join us, call the WELL office at 459-1256 and speak to Liam. Planning starts next week!

### **July 16 – WELL Speaker Series – Maria Gilardin - 6:00 pm**

From TUC Radio, Maria Gilardin will show the film of her interview with James Hansen and Hermann Scheer (total an hour - or less) and lead a discussion about climate change and how to advance alternative energy.

### **July 21 – Films in the Park –Recreation Grove Focus on Food - “The Power of Community: How Cuba Survived Peak Oil”**

Willits Action Group and WELL are cosponsoring a series of evenings about important issues facing Willits and what you can do about it right now. Our first evening will feature a film about how Cuba adapted when the Soviet Union fell and Cuba’s oil supply was reduced by 50%. The key was changing the way their food was grown and changing the priorities of their economy. We will feature a local band, there will be hot food for sale, and the many volunteer organizations and projects that focus on food in our area will be represented and looking for volunteers.

### **August 27 – WELL Speaker Series – Kate Marianchild – 6:00 pm The Fifty Species Challenge**

Supported by members of Redbud Audubon, this program challenges each of us to know fifty species in our own home environment (birds, animals, plants, insects, etc.) and know how they interact with each other. With the tools Kate will show us, this is a way of making your environment your home and truly connecting people with place.

## Updates

### WELL needs a little help

As you can see, we have a full schedule coming up (and there are some I haven't mentioned yet because the details are still being hammered out). We need someone who can really put the pizzazz in publicity! We have a budget and are willing to pay an eager publicity assistant for a few hours each week. Call Liam at the WELL office 459-1256 for details.

### Resource Center Update

Here are a few corrections on my article from last week's newsletter.

The building is just south of, not behind, the glass blowers across the street from Brown's Corner.

The hours are Monday through Wednesday 12:00 noon to 4:00 pm and Friday the same.

Give them a call for more details: 456-9020  
Or e-mail them at [healing.heart1@gmail.com](mailto:healing.heart1@gmail.com)

### May 8 & 22 – Briar Patch moves to Yum Yum Tree at 1:30 pm

Annie Weller gave me the lowdown. Be there to network!

### May 28 – GULP is sponsoring, a workshop with Joanna Macy

Taking Heart in Tough Times, a workshop with Joanna Macy, will take Place on Monday, May 28, at Yoga Mendocino, 206 Mason St., in Ukiah, from 10 am to 5 pm.

The transition from the industrial growth society to a life-sustaining one is the essential adventure of our time. Whether it succeeds or not, this revolution expands the capacities of all who take part in it.

This workshop will facilitate our truth-speaking--witnessing and giving voice to our deepest concerns for our world as well as our passion for justice, our love for our place, and our determination on behalf of future generations.

The experiential work will help transform our denial and despair, making space for synergy and opportunities to collaborate in local, life-sustaining actions.

Joanna Macy is an internationally renowned teacher, author, and activist whose presence in the movement for peace, justice and ecological protection spans almost 40

years. Joanna has studied, taught, and led workshops in India, Sri Lanka, Russia, Australia, Europe and North America.

There is a donation of \$25-75--no one turned away for lack of funds. Space is limited; to register call Esther at 485-1664.

### **Willits Farmers Market is back**

From the Mendo Community Bulletin Board 5/1/07  
More than a Farmers Market

The Willits Farmers Market is back! From May through October you can enjoy farm fresh produce and other local products every Thursday from 3-6 p.m. at City Park (corner of Humboldt & State Streets in downtown Willits). You can expect a festival atmosphere featuring the popular Farmers Market Band and the usual cast of characters. There's plenty of room in the park to have a picnic with family and friends while you enjoy the music and wholesome community spirit of an old-fashioned farmers market. Hope to see you there!

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