



## Community Events

Nov & Dec 2019

**Nov. 4, 11am-12pm** – KZYX Farm & Garden Show, see pg 9  
**Nov. 5, 5:30pm** – Avenues to Wellness, Winter Wellness Talk at Center for the Arts, see page 5  
**Nov 6, 8:15am**– Women in Business, Being and Staying Inspired in our Businesses Doris Weir presents at Center for the Arts  
**Nov. 7, 4pm** – Bike Ride, meet at Rec Grove, see page 3  
**Nov. 7, 6pm** – Sierra Club Mendocino Group meets at the Willits Hub, see page 4  
**Nov 8, 6:30 pm**- Paris to Pittsburgh, Book Room Laytonville  
**Nov. 8 & 10** – Mushroom Mania, see page 7  
**Nov 9, 2pm-5pm** - Olive Curing Workshop, see page 7  
**Nov 9, 6-9pm**– An Autumn Evening in Willits at Little Lake Grange CRCMC fundraiser  
**Nov 10, 3-5:30pm** – Herbal Roots for Winter Workshop, see page 7  
**Nov. 10, 2-4pm** - Elder Talk “School Days” at Little Lake Grange, see page 9  
**Nov. 11, 6:30pm** – WELL Coordinating Committee meeting at Willits Hub  
**Nov. 13, 6:30pm** – Empowerment Workshop on Lyme Disease at LL Grange, see page 5  
**Nov. 16, 9:30am-3:30pm** – Acorn Planting in Redwood Valley, free - registration required at [www.oakgranary.org](http://www.oakgranary.org). See page 6  
**Nov. 17, 4pm** – WELL Potluck, Brainstorm, Entertainment at Willits Hub, see page 1.

*(Cont. on pg 10)*

## **WELL Fall Gathering!**

**Sunday, Nov. 17<sup>th</sup>, 4pm**

**at the**

**Willits Environmental Hub**

**630 S. Main St.**

*Celebrate WELL's 15<sup>th</sup> year of working to build a thriving, sustainable Willits community, including our Paint the Town projects!*

*Presentation by Ellen Drell on the County Climate Advisory Committee and Brainstorming Ideas for Local Actions!*

## **Plus Music, Poetry & Potluck!**

*(Potluck is Optional – come with or without a dish to share)*

*Brief WELL meeting to elect Coordinating Committee members*

*For further info, contact Madge at (707) 459-1493*



## **WELL Membership for 2020**

***Join or Renew Now!***

If you're already a member, you'll receive renewal information shortly by mail. Both new or renewing members can use Paypal at <https://well95490.org/join-donate> or send a check to WELL at P.O. Box 42, Willits CA 95490.

**Thank you for your continued support of WELL  
2020 will be an active year for our community**

## FIRE & BEYOND – EDITORIAL – by Madge Strong

Dear Willits Community,

We are all living in a state of anxiety. The threats are very real and often feel over-whelming.

All of Mendocino County was out of power for four days – PG&E's planned outage during the adverse drought and wind conditions. We experienced how dependent we are on electricity, and how fragile that system really is. Here in Willits we were incredibly fortunate that we (mostly) had no immediate threat of fire or even smoky air. There were three small fires that were quickly doused.

We were also fortunate that Willits & Brooktrails maintained normal water & sewer service, many of us had gas for hot water and cooking, some had generators to run their homes or businesses for essential services. For some, however, it went beyond inconvenience, with no water or heat. Sonoma & Lake Counties were hit hard, again. And these fires triggered PTSD for all who experienced fires the past few years.

The big elephant in the room is the Climate Crisis that looms over all our consciousness. More drought, fire, floods, etc. are virtually inevitable.

For myself and our community, I want us not to sink into despair but rather to rise in positive actions. As Greta Thunberg says, only in action is there hope.

Obviously, many “cures” require big changes at the national level to address the climate crisis. As individuals, we can get involved politically, we can reduce our carbon footprints, we can divest from the fossil fuel industry. But we can also be organized to help as a community. Please see the Climate Crisis article in this newsletter and come to WELL's Nov. 17, 4pm meeting at the Willits Hub to brainstorm more ideas. Please continue to support WELL with your donations and membership.

I don't think there's just one solution: we face a huge, complex set of problems, and many approaches are needed. I don't have all the answers: I hope that many of us putting our heads, hearts and actions together can make needed changes. We owe it to our future generations to do everything we can.

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## CLIMATE CRISIS: LOCAL ACTION IDEAS – by Madge Strong

WELL's Sept. 1 forum on the climate crisis, with the showing of "Paris to Pittsburg" and guest speakers, energized us to seek ways to address the issue locally. A small group (myself, Michael Foley, Michael Hackleman, Ellen Drell, and Mary Zellachild) got together in early October to identify ideas.

These include:

- A Projects for alternative electrical energy, including things like City of Willits solar, methane or hydro. We discussed some technical aspects of getting existing solar installs (e.g. bank, Grange, schools) to be able to supply energy in event of outages, as well as potential micro-grids, buying infrastructure, and using EV's as power sources, especially in emergencies.
- B Reduce transportation impact on climate. This is challenging since we're so used to the convenience of private vehicles, especially in our spread-out region. Still there may be some opportunities, such as car-free or carpool days; reclaiming the Willits Creek trail for bikes or light rail; electric taxi service, etc. Consider starting with a small, perhaps grant-funded, pilot project.
- C Build local resilience for climate impacts. This could include helping meet local needs, e.g. repair shops, office supplies, appliances. A top priority is supporting local food production. Consider resources for this available in our county and possible local investing.
- D Urge folks to sign up for Sonoma Clean Power Evergreen Service to help fund more local, renewable sources, such as SCP's new solar array on Center Valley Road.

One important opportunity is to work with the new County-wide Climate Advisory Committee. The District 3 representatives to the 15-person committee are: Ellen Drell, Walter Smith, and Xavier Silva. Ellen envisions setting up a series of sub-committees (e.g. alt. energy; transportation; housing; forestry; ag; etc.), each with citizen activists who would channel ideas to the Committee, which would then recommend implementation to the Board of Supervisors. Ellen will make a short presentation at our potluck on Nov. 17<sup>th</sup>. If you're interested in participating on such committees, contact her at 459-2643. WELL will also consider follow-up forums, focus groups and/or educational flyers and articles in the new year.

### WEST COMPANY RESOURCES

The West Business Development Center (former West Company) helps start-up and expanding businesses in Mendocino County, often providing one-to-one counseling free of charge as well as offering many training opportunities.

Following the recent power outage, they are now collecting information on how the PSPS event impacted you, your business or your community. Call 707-234-6300 to share your story, helping them bring this information to Sacramento.

They also have upcoming trainings and webinars, including a series on artisan packaged food business, techniques for increasing profits, networking with other entrepreneurs, e-commerce, marketing & branding, and emergency preparedness.

For more details, check their website at [www.westcenter.org](http://www.westcenter.org) or call MaryAnne Petrillo at 234-6300.

### WILLITS COMMUNITY BIKE RIDE



**Thursday, November 7, 4:00pm**  
**Meet at Rec Grove Park**

This is a 5 to 8 mile ride  
Please bring bright colors, helmets and water.  
This is a family friendly event - bring your kids!  
Call 707-467-3217 or email [sburgal@ncoinc.org](mailto:sburgal@ncoinc.org) for more info



## TOWN HALL WITH JOHN HASCHAK Oct. 16 - Report

On Oct. 16<sup>th</sup>, our District 3 Supervisor John Haschak held his second Town Hall since taking office last January. The well-attended meeting at City Hall touched on many hot issues, including emergency access, cannabis, Measure B, Measure V, and more.

Haschak reported results of recent labor contract negotiations, pleased that the agreed deal will bring County employees to about 90% of comparable rates over a 3-year period. The County Board of Supervisors (BOS) endorsed the "Schools & Communities First" proposition on the Nov. 2020 ballot that would correct inequities in Prop 13 property tax rates. He proudly noted that on Oct. 14, our County celebrated Indigenous People's Day instead of Columbus Day.

Haschak has been very active on emergency access. FirCo Road (a 2<sup>nd</sup> route from Brooktrails to Reynolds Highway) is now cleared. The Brooktrails Board is working on an agreement with property owners for emergency use of the Willits Creek corridor, and a possible emergency route from Primrose to the KOA. CalFire, Little Lake and Brooktrails Fire Depts. and County roads are working together on improving Sherwood Road all the way to Laytonville.

Haschak is going to Washington DC soon, along with four other counties, lobbying for fire recovery funds from FEMA and HUD. Regarding PG&E power shut-offs, public comments included: consider one large generator instead of lots of individual ones; upgrade smart meters to allow shut-offs; improve emergency notices and shelters.

On cannabis issues, the BOS approved transferability of permits. Phase 1 rules that allowed grandfathering of heritage farms are now ending. The County is considering "innovation zones" that would allow up to 10-acre sites for growers to move to. Haschak opposed, but the BOS directed staff to hold public meetings furthering this idea. Some comments from folks at the Town Hall: don't allow new outside companies; enforce based on resource protection, not just complaints; get data before expanding.

The sales tax from Measure B, for mental health facilities, has now amassed \$9 million, with so far only about \$500,000 allocated to a training facility in Redwood Valley. The B Committee is now seeking an architectural feasibility study to compare three sites (old Howard Hospital, Orchard Street in Ukiah, and one in Ft. Bragg) for the three needed facilities. They are also seeking a Project Manager.

## SIERRA CLUB MEETS IN WILLITS, NOV. 7 – by Robin Leler

The Mendocino Group of the Sierra Club will meet this month in Willits. Join us Thurs. Nov. 7 at 6pm at the Willits Environmental Hub, 630 S. Main St.

Why might this be worthwhile? The Sierra Club has a proven track record of protecting national parks and wilderness, shutting down dirty coal plants, reducing garbage and plastic waste, adding public transportation components to highway and freeway bills, lobbying for reduced fossil fuel use and more solar energy and bicycling alternatives. The latest push is adding conservation forestry to our plan to ameliorate climate change.

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## FILM: *BOYS WHO SAID NO* – Nov. 21

The Now & Then Film Series presents *The Boys Who Said NO! Draft Resistance and the Vietnam War* on Thursday, Nov. 21<sup>st</sup>, 7pm at Little Lake Grange, 291 School St.

*The Boys Who Said NO!* is the little-known story of a small group of courageous citizens who took decisive action when they saw their government doing terrible wrong. Draft resisters refused military service and let others know they too could resist. Eventually millions of Americans protested, and the war was ended. Trailer at: [www.boyswhosaidno.com](http://www.boyswhosaidno.com).

Your Donation of \$5 to \$20 will help support the completion of this film. Come at 6:30 to see our Trailers & Short films. We serve heirloom organic popcorn with organic butter.

## HEALTHY MENDOCINO – by Patrice Mascolo

Healthy Mendocino and their collaborative partners have completed the 2019 Community Health Needs Assessment (CHNA). The purpose of the CHNA is to identify the most pressing health priorities facing Mendocino County residents and commit to a coordinated set of strategies to improve the health and well-being of our residents. The CHNA findings will be used to prioritize health issues and develop a Community Health Improvement Plan (CHIP) - an action-oriented plan for addressing the most significant issues.

The new priority areas identified for the CHIP, using community survey data, key informant interviews and the most recent county health data are: 1) Mental Health; 2) Domestic Abuse (including sexual and child abuse); and 3) Substance Abuse (including drugs, opioids and alcohol). The final priorities and action plans will be determined by the Healthy Mendocino Advisory Council, which will be convened in November 2019. Further planning and prioritization will occur at that time.

Healthy Mendocino will be the backbone organization spearheading the implementation of the CHIP, engaging the broader community to achieve initiatives based on best practices using an equity lens.



Michelle J. Cummins, L.Ac.

## Winter Wellness: Boost Your Immune System

**Tuesday, Nov. 5, 5:30-6:30 PM**

**Michelle J. Cummins, L.Ac.**

Traditional Chinese Medicine views the human species as a microcosm of the macrocosm. In this talk, local acupuncturist Michelle Cummins will explore this theory and how our inner physical, emotional, mental and spiritual landscape is affected by our external environment. As fall moves into winter, cold and damp conditions dominate our environment. Join Michelle as she shares dietary guidelines, exercises, acupressure points and more to boost your immune system as we dive into the depths of winter.

Michelle has been in clinical practice in Willits and Laytonville since 2008. She offers traditional Chinese Acupuncture, cupping therapy, warming moxabustion therapy, Ear/Auriculotherapy, Tuina (Asian deep-tissue massage), Chinese Herbalism, flower essence remedies and counseling. Michelle's healing style is dynamic and, coupled with her gentle caring approach, she facilitates profound shifts towards wellness.



Call 456-9676 for more information.  
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Visit: [avenuestowellness.org](http://avenuestowellness.org).

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2019

- Boost Your Immune System for this flu season

- Follow dietary guidelines to strengthen your immune system

- Explore the health benefits of the winter season

- Have a healthy winter and emerge in the spring renewed!

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## EMPOWERMENT EVENTS THE MONTHLY SPEAKER SERIES

**A Conversation  
about  
Lyme Disease**

**SPEAKER:  
MICHELLE J. CUMMINS**

**Nov 13th, 2019, 6.30 pm to 7.30 pm**

**At Cultivate Wellness Studio, Little Lake Grange,  
Room 4, 291 School, St, Willits, CA 95490**

Free admission, donations will be shared with the speaker.

Please arrive on time as courtesy to the speaker.

Your Hosts:

Michelle Cummins, L.Ac. [www.cultivateacupuncture.com](http://www.cultivateacupuncture.com) 707 972 1902  
Claudia Wenning, ND [www.claudialwenning.com](http://www.claudialwenning.com) 707 371 6103

## MEASURE V UPDATE

Citizens continue to be frustrated that Measure V, which passed by 62% in June 2016, is *still* not being implemented. The measure declared leaving intentionally-killed standing trees within large swaths around roads or structures to be a public nuisance due to increased fire danger.

Very briefly, Mendocino Redwood Company claimed (back in July 2016) that the law did not apply to them because they're under forestry and/or agriculture regulations. The Board of Supervisors (BOS) sent the question to the State Attorney General's office, which delayed until – finally in August 2019 – they said a conflict of interest prevents them from issuing an opinion. Both before and since the AG's bowing out, a number of citizens have gone to public comment at the BOS raising the alarm of the fire danger and requesting that Measure V be enforced. (A memo from retiring County Counsel Katherine Elliott appears to give them legal justification, countering MRC's claim.)

At the BOS meeting on Oct. 22, Chair Carre Brown was non-committal, but it is hoped this issue will finally be on their agenda on Nov. 19<sup>th</sup>. Then Board members will have to decide: will fear of a potential MRC lawsuit prevail over a publicly enacted law to reduce fire danger?

To confirm date and time of the BOS hearing on this, please contact Naomi at 459-0548.

### ACORN PLANTING: FIRE RESTORATION - by Kate Marianchild

Join us on one or more of the dates below to help restore oaks to lands burned in the Redwood Valley Fire of October 2017. All ages are welcome to these FREE events!



We will plant acorns and put protective cages around existing oak seedlings from 9:30am to 3:30pm each day. During lunch, Kate Marianchild, author of *Secrets of the Oak Woodlands: Plants and Animals among California's Oaks*, will share fascinating lore about oaks and the animals and plants that live among them. (Bring a bag lunch.)

These events are free, but space is limited; RSVP is required at [www.oakgranary.org](http://www.oakgranary.org). Directions will be sent upon registration. (Moderate to heavy rain cancels.)

**Saturday 11/16 9:30 - 3:30**  
**Saturday 11/30 9:30- 3:30**  
**Sunday, 12/15 9:30 - 3:30**  
**Saturday 1/18 9:30 - 3:30**  
**Sunday. 1/19 9:30 - 3:30**

Please contribute your valuable time and energy to this healing and wholesome work!

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## ADAPTIVE AGRICULTURE WORKSHOPS

(Not Just Farming!)

The School of Adaptive Agriculture (aka Grange Farm School) has another set of upcoming workshops for November & December. Here's a brief listing:

Sat. Nov 9, 2pm - 5pm - Olive Curing Workshop with Alex O'Hanlon  
 Sun. Nov 10, 3pm - 5:30pm – Herbal Roots for Winter Wellness with Sarah Adams  
 Sat. Dec 7, 1pm - 5pm – Macramé: The Art of Tying Knots with Renata Abbade  
 Sat. Dec 7, 12pm - 2:30pm - Intro to Home Mechanics with JR  
 Sun. Dec 8, 1pm - 3pm - Herbs for the Immune System with Caitlin Wolf  
 Sun. Jan 19, 1pm - 3pm - Leaky Gut 101 with Caitlin Wolf  
 For more info and to register visit [www.adaptiveagriculture.org](http://www.adaptiveagriculture.org).



## ECOLOGY ACTION UPDATE

*This is an edited version of a report by John Jeavons in the Ecology Action Fall Newsletter*



Ecology Action has worked for decades to develop small-scale sustainable agriculture internationally, spear-headed from The Jeavons Center (TJC) on Pine Mountain in Willits. Since the beginning of January 2019 EA Director John Jeavons and Mini-Farm Manager Misha Zaied have been focused on re-growing TJC, which had been in hibernation for over a year due to financial constraints. Although work was slowed by a cooler-than-usual early summer, challenges with compost and failing fencing, we've made progress. As we persevere, beautiful potatoes, corn and other crops are thriving! The re-

awakening process will take two years, as optimal soil fertility is rebuilt and new staff are hired.

Over last winter John and Misha designed a GROW BIO-INTENSIVE (GB) 10-Bed Unit with 1,000 square feet of planted surface that can grow a complete balanced diet for one person annually and, with the same crops, all the necessary compost materials to build and maintain soil fertility. With the design completed by Misha, he and our three 8-month interns - two women interns from Nicaragua and a man from Kenya (the lead teacher from G-BLACK, Ecology Action's International Partner for Africa) - are each planting out this plan in different micro-climate areas and soils of TJC. We have also been able to hire terrific garden staff people this past year, including an Assistant Mini-Farm Manager and a three-year apprentice.

EA's Mini-Farm Victory Gardens for Peace (VGP), located at Stanford Inn and Eco-Resort in Mendocino, carried on EA's research and training programs while TJC was hibernating. In 2019 VGP also received interns: two women from Chile as 8-month interns and a woman from Puerto Rico, who completed her training in August and is now a Fulbright student in Brazil.

EA is holding a 3-day Bio-intensive workshop Nov. 1-3 (as we go to press) and will be planning other one-day and longer trainings in 2020. Check their website [www.growbiointensive.org](http://www.growbiointensive.org) to donate and for further information.

*mushroom*  
**MANIA**  
IN WILLITS, CALIFORNIA



JOIN US FOR A FUN WEEKEND CELEBRATING ALL THINGS FUNGI

 *November 8 & 10* 

**FRIDAY, NOVEMBER 8: MUSHROOM ART EXHIBIT & AUCTION**  
 7:00 – 9:00 PM | Willits Center for the Arts | FREE  
 Enjoy a mushroom-themed exhibit and get a chance to bring home a one-of-a-kind piece from our local artists. Enjoy the wine reception with delicious appetizers. This is a fundraiser for the Willits Center for the Arts.

**SUNDAY, NOVEMBER 10: MUSHROOM TRAIN**  
 10:00 AM – 1:00 PM | Skunk Train Willits Depot | Tickets \$69  
 Journey deep into the redwoods aboard the Skunk Train, while enjoying a delightful mushroom quiche by Kemmy's Pies with a glass of local bubbles, learn about the local bounty, and take part in an Easter Egg-style mushroom hunt. Kid and pet-friendly. Get your tickets online: [www.skunktrain.com/mushroom-train](http://www.skunktrain.com/mushroom-train) or call 707.964.6371

## WELL CoCom Summaries

**Sept. 16, 2019**

We reluctantly accept Laura's resignation. There are now two vacancies on the CoCom. Visitors are always welcome!

Climate Action Event: We were very pleased with the Sept. 1 event, which was reviewed in our Sept-Oct. newsletter. We'll convene a small group to explore ways to follow up with local actions, which may include future events and participating in the new County Advisory Council.

Program for Fall of 2019: We decided to hold an annual potluck meeting, preferably Sunday Nov. 17, 4pm at the Hub. See this issue, page 1.

Future Programs: We discussed other ideas for the future, including a new community rights initiative; a repair fair; a plant exchange and/or forum, emphasizing fire suppression and carbon sequestration; and a forum regarding funding for entrepreneurs..

Paint the Town: Painting projects continue, dependent on follow-through with volunteers. We're not yet ready to expand to more ambitious & costly projects (utility boxes, bridges, park restrooms, etc.) unless a few artists take the lead and then we could pursue grants &/or crowd-funding. Meanwhile, Paul is working on tentative plans for a 2020 PTT calendar.

Membership Outreach: We are putting out more WELL newsletters in a few town locations, and will table when we can. More outreach is needed!

Website & Facebook: Still working on it!

**Oct. 14, 2019**

Local Climate Action: We reviewed ideas for local activism, with a lively discussion on ways WELL can work on these issues. *(See separate article.)* Ellen Drell - a member of the new County Advisory Committee - will present at our Nov. 17 potluck meeting, and we can continue brainstorming ideas. Paul might bring more ideas from the Bioneers conference.

Report on County Issues: The Board of Supervisors (BOS) recently sent to its General Government committee a proposal to require a cost analysis of future citizen initiative measures. Madge will attend and object to this policy which could chill future initiatives. See separate article regarding Measure V.

We reviewed designs for the Paint the Town 2020 Calendar and will look into cost estimates and make decisions soon.

*[Note: Due to the power outage and printing challenges, we later decided not to do the calendar this year.]*

We're gradually working to update our website and social media postings. We'll plan a member renewal mailing, if possible prior to the Nov. 17 potluck. We hope to table at upcoming Farmers Markets with the newsletter and PR for the Nov. 17 meeting. We also discussed details for the Nov. 17 potluck meeting.

**Next CoCom meeting: Nov. 11, 6:30** at the Willits Hub, 630 S. Main St. There may also be a meeting Dec. 9, if needed. (Check with Madge at 459-1493 to confirm.)

## ELDER TALK NOV. 10 — by Annie Waters

The Little Lake Grange is reviving a tradition of Elder Talks. The theme for this event on Nov. 10, 2-4pm is: "The Grange Building comes to life as we remember its past as Willits School." Please join us for the latest in this popular series of talks with local Elders and long-time residents of the Willits area!

Our guests this month will be Margie Handley, Chuck Persico and Lee Persico who will lead our panel along with other former students of the Willits School, which is now the Little Lake Grange Hall at 291 School Street.

If you went to Willits School, we would love to hear from you! Private interviews for Willits TV will be filmed as well as selected questions from the audience. Call Annie at 459-6362 or Rachel at 841-1256 to RSVP for an interview.

Everyone interested in Willits history please join us! Coffee, tea, and light refreshments will be provided.

Note: This popular series of talks with local elders was held for several years at Little Lake Grange. Many of these talks are still on our local cable network. You can see an interview of long-time Granger Hank Stroock at <http://www.willitstv.org/testingplayers2> (follow the drop down list to ELDER TALK). Some of the other elders featured in these videos are now gone, but their cable interviews live on, with frequent community comments to this day.



## EDFC OFFERS DISASTER RESILIENCY LOANS

The recent Public Safety Power Shutdown (PSPS) has been very hard on small local businesses. In order to support small businesses during events like these, EDFC has established a disaster assistance loan program.

If your business was negatively impacted by the recent Public Safety Power Shutoff event in Mendocino or Lake County, you may be eligible for a loan of up to \$50,000 with interest as low as 3% APR. Additionally, depending on the size and location of your business, EDFC may be able to waive application fees and closing costs.

Funds can be used to support working capital, replacing inventory, and/or purchasing equipment for resiliency in the future such as generators or solar power.

For more information, contact EDFC's Lending Relations Manager, Robert Gernert at [robert@edfc.org](mailto:robert@edfc.org) or (707) 234-5705. You can visit the website at [edfc.org](http://edfc.org).

## EDFC LAUNCHES NEW BUSINESS GROWTH WEBSITE

— by Heather Gurewitz

Economic Development and Financing Corporation (EDFC's) new website provides dynamic data and sophisticated mapping technologies to help start-up and expanding businesses grow or relocate in Mendocino County. The ZoomProspector site offers instant access to powerful business and community information. Using GIS software, this site provides in-depth information that would normally take weeks to research, including available commercial properties, local zoning, New Market Tax Credit and Opportunity Zones, and environmental information like coastal and flood zones.

In addition, EDFC's ZoomProspector site can access demographic reports such as labor force, education levels, consumer spending, and age for the county, cities, and custom-selected geographic areas. Businesses are mapped by industry showing their distribution and concentrations throughout the county.

"We recently used this system to help a loan applicant with their market research. We were able to select an area in Ukiah and find out how many businesses are in the area, their gross annual sales, and their employment, as well as the demographics of the surrounding community. It provided a really quick and easy way to know if the project was viable," said Heather Gurewitz, Executive Director of EDFC.

The site currently pulls data from existing online listings, but local agents, property owners and property managers will be able to add additional commercial properties for sale or rent. You can find this incredible new site at [www.edfc.org](http://www.edfc.org). For more information or to register for future training sessions, call EDFC at 707-234-5705 or email [info@edfc.org](mailto:info@edfc.org).

## CARING KITCHEN NEWS

Caring Kitchen continues to provide healthy meals to patients in inland Mendocino County unable to cook for themselves. Donations of food or money are welcome; partners in the community make this possible! (Mail checks to NCO Caring Kitchen Project, 413 N. State St., Ukiah CA 95482 or use Paypal at [www.ncoinc.org/programs/caring-kitchenproject](http://www.ncoinc.org/programs/caring-kitchenproject).)

Caring Kitchen also trains teams of adults and teens to prepare and deliver meals. To learn more and apply, teens should contact Tarney Sheldon at [sheldont@ncoinc.org](mailto:sheldont@ncoinc.org) or 462-1950 and adults contact April Cunningham, [acunningham@ncoinc.org](mailto:acunningham@ncoinc.org) or 467-3212.

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*(Continued from page 1)*

**Nov. 19, time TBA** – Board of Supervisors re: Measure V, see page 6

**Nov. 21, 7pm** – Film “Boys Who Said No” at LL Grange, see page 5

**Nov. 30, 9:30-3:30** - Acorn planting, see Nov. 16 item and page 6

**Dec. 3, 5:30p** -Avenues to Wellness Functional Medicine by Claudia Wenning, ND at Willits Center for the Arts

**Dec 7, 1-5pm** – Macramé workshop, see page 7

**Dec 7, 12-2:30pm** - Intro to Home Mechanics, see page 7

**Dec 8, 1-3pm** - Herbs for the Immune System, see page 5

**Dec. 9, 6:30pm** – Possible WELL Co-Com meeting; call 459-1493 to confirm.

**Dec. 11, Xpm** – Empowerment Workshop TBA

**Dec. 15, 9:30-3:30** - Acorn planting, see Nov. 16 item and page 6

**Dec. 19, 5:30pm** – Holiday Lights Bike Ride, meet at Rec Grove

**Ongoing:**

**Thursday Farmers Market, 3-5:30pm**  
Indoor Market at Little Lake Grange

**Willits City Council, 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays, 6:30** at City Hall

**WELL Coordinating****Committee 2019**

**Paul Jacobson**, 459-1418,  
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*There are 2 vacancies on the  
Committee, call Madge 459-1493  
for information*

**WHAT IS WELL?**

Willits Economic Localization is a 501(c)3 non-profit, membership organization. All donations are tax-deductible.

**Our Vision:** An enduring local economy that provides health and security for our community.

**Our Mission:** To foster the creation of a local, sustainable economy in the Willits area by helping residents to learn valuable skills and take action, and by partnering with other organizations to share knowledge and support projects that build a thriving community

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Willits Economic Localization  
P.O. Box 42, Willits, CA 95490

