



Willits Economic Localization Newsletter

The WELL Bucket

Volume 15 , Issue 3

May/June, 2019

Community Events

May & June 2019

May 2, 3-6pm - Willits Farmers Market page 6
May 4, 10am on - Draw Til You Drop at Willits Center for the Arts
May 4, 10am-5pm - Sherwood Firewise Expo at Brooktrails Comm'ty Center, page 9
May 5, 10am - Pine Mountain Firewise tour, page 9
May 5, 10am - Ecology Action Garden Tour in Mendocino, page 6
May 7, 5:30pm - Midwifery & Beyond, free talk at Willits Center for the Arts, page 9
May 11, 5-8pm - Brooktrails Fire Dept Spaghetti feed
May 13, 6:30 - WELL CoCom at Willits Hub
May 14, 6-7:30pm - Reflexology & Acupressure Self-Help Event at LL Grange, Room 4, page 9
May 16, 7pm - Afghan Cycling film at LL Grange, page 3
May 18, 11am-2pm - Dripfest at DripWorks
May 18, 9am-6pm - Hub Rummage Sale, page 1
May 19, 10am-3pm - Gleaners Plant Sale 130 Tuttle Ln, page 6
May 22, 6:30 - Climate Action presentation at Willits City Council, page 3
May 26, 7pm - 'Imagine' Concert by Emandal Chorale & Rogue Valley Peace Choir, at LL Grange
May 26 - Annual Car Show at Rec Grove
June 1, 8am-3pm - Annual Flea Market at Brooktrails Comm'ty Center

(Continued on page 10)

HUB RUMMAGE SALE – MAY 18 9am—6pm

(Bring donated items May 4 and May 11)



Photo by Ree Slocum

WELL and the Willits Environmental Center (WEC) continue to share a sweet home at the Willits Hub, just a couple doors south of Mariposa Market. However, two former tenants, the Eel River Recovery Project and the Mendocino Wildlife Association, have moved on. Now we need money to pay rent and other expenses to keep our doors open.

We're reviving a Rummage Sale tradition, scheduled for May 18 from 9am to 6pm. **Come shop for treasures that day. But that's not all: Donate your valuable items to benefit the Hub!** We especially want higher value items such as furniture, jewelry, artwork, tools, unique clothing – nice things that are clogging your storage but that you no longer use.

We will be open on Saturday May 4th and 11th, 10am to 5pm, to receive your rummage contributions, or call 459-4110 to make special arrangements to drop off items or to volunteer. Please be generous!

WELL and WEC both have lots of things to do! WEC is active in addressing the Climate Crisis locally, protecting our farms, wildlands, rivers, and more. WELL is continuing Paint the Town and localization & sustainability projects. The Hub also hosts several other group meetings for our community. We need your financial support and help to make a real difference!

PAINT THE TOWN UPDATE – by Paul Jacobson

At the end of last month we learned that WELL's Paint the Town Project did not receive the grant we applied for in December. Although that was disappointing, we will continue painting the town! (Kudos to our coordinating committee members who put in a lot of effort on this. We might try for another grant.) Meanwhile, your donations to WELL's Paint the Town fund are greatly appreciated!

We'll be initiating a process with the City and Caltrans to permit us to paint utility boxes, bridges, and perhaps a cross walk. Now that the weather has warmed up, many people have contacted us about finishing their fire hydrants or beginning new ones. Three more trash bins designs have been approved by City Manager Stephanie Garrabrant-Sierra and will soon be underway. Keep a look out.

(Continued on page 2)

(Paint the Town Continued from page 1)

Rebecca will be completing her K rail mural in May. We have also purchased more paint and clear coat to add some finishing touches to what has already been accomplished. And the last two K-rails need murals to complete that project.

Additionally, all the fire hydrants in Willits are now open to be painted. Previously we've been focused on Main St and vicinity. We have a new process for those wanting to paint hydrants on the west side of town, where the water pressure varies. You need to email the hydrant number to Paul for pressure identification. (The number is on a metal tag attached to the hydrant.) The hydrant must be individually tested for the correct color coding. Then you can proceed.

Also in May and extending into Summer, we will hold some painting parties to allow for groups to participate in the painting process together. We have begun formulating plans for a Fall Bike Ride event with NCO's Walk and Bike Mendocino Project, which may involve some sort of scavenger hunt with prizes to find and view the newly painted hydrants. WELL is also collaborating with Willits Center for the Arts on their plans for public sculptures and larger murals. And the City's Revit-ED committee is proposing better signage at highways and in town. So stay tuned!

We still have a lot of donated paint to use, so if you need some please email Paul 4paulj@gmail.com or Lisa ellemontez7@gmail.com to make arrangements. We still need small plastic containers with lids for easier paint distribution; these can be dropped off at the Willits Hub, 630 S. Main St. Tax-deductible donations can be sent to WELL, PO Box 42, Willits CA 95490, marked for 'Paint the Town'.



Here's the hydrant located in front of the County Museum, painted by Melanie Morrison

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CLIMATE ACTION LOCALLY!

County Initiates Climate Advisory Council

Slide Presentation at City Council May 22, 6:30 pm

Finally, the climate crisis is getting attention – at least globally and locally. (Of course the current US Administration is still adamantly in denial - all the more reason to act locally.)

Thanks to scores of volunteers working for months, the Board of Supervisors voted unanimously on March 19 to establish a new Climate Advisory Council, with some follow-up decisions on how that Council will be appointed and do its work. Citizen activists intend to stay fully involved in drawing up far-reaching, visionary and pragmatic plans to reduce global greenhouse gas emissions (GGH) AND to prepare for some of the likely impacts of the climate catastrophe in our county. Citizens' meetings are held at the Mendocino Environmental Center in Ukiah. To get involved, contact Walter Smith at 354-5853, email: walter@pacific.net or call Ellen Drell at 459-2643.

Meanwhile, the Willits City Council is scheduled to hear a presentation on this issue by Doug Nunn on May 22, 6:30 at City Hall. The show is an update of Al Gore's "An Inconvenient Truth." Doug Nunn was trained as a presenter by Al Gore himself.

City staff has already begun some preliminary steps to review the City's energy usage and develop an Energy & Sustainability Plan. Perhaps this presentation will raise this to a higher priority.

MAY IS BIKE SAFETY MONTH



In Willits, Walk & Bike Mendocino is planning exciting events for the month of May to promote bike safety education and bike culture. On May 16, Thursday evening we will show a movie, Afghan Cycles.

We will have an Energizer Station on Friday, May 17 for **Bike to Work Day**, 7:30-9:30 am at the City Park: all commuters using active transportation: cycling, walking, or public transit are welcome to get FREE juice and healthy morning goodies! That same day we will have a community ride from 12-1pm in downtown Willits, again meeting at City Park. Please bring your helmet if you wish to ride with us!

In the upcoming months we will be holding bicycle education safety classes where we will be going over the rules of the road, how to signal, and how cars, bikes, and pedestrians can coexist peacefully on the road! We also hope to put on a regular monthly bike ride in Willits depending on interest. Check out our website: walk-bikemendo.org and our facebook page for up to date information on our events. Walk & Bike Mendocino's mission is to create happy healthy and more connected communities by making it easier to walk and bike. We promote complete and safe streets for everyone: drivers, bikers and pedestrians. Remember it is California law to give cyclists 3 feet of space

AFGHAN CYCLES – Film on May 16

Now and Then Film Series plus Walk & Bike Mendocino co-present "Afghan Cycles" Doors open at 6:30 pm, Film 7pm at LL Grange. This film is a feature documentary about a new generation of Afghan women pushing gender and cultural barriers by riding bicycles.

The film follows this group of women who are risking their honor and their lives for the joy and liberation of riding a bicycle. From rural cycling clubs to a National Cycling Team, their stories lead us on a journey into a country of beauty and contradictions, through decades of upheaval and repression, to today. Their innocent act of revolution is a harbinger of a brighter future for women in traditionally male-dominated societies around the globe.

Walk & Bike Mendocino, which works to create healthy, and connected communities, will lead a discussion after the film to engage the audience on this timely topic.

Your Donation of \$5 to \$20 or more will be used to support the ongoing work of Walk & Bike Mendocino, the filmmakers and the Grange.

WHAT'S NEW IN CITY OF WILLITS

Fire Chief Wilkes gave City senior staff an in-depth, hands-on training on how to deal with a natural disaster – much more lively and useful than FEMA's usual on-line training. Thanks to our chief & Fire Dept.!

Scholarship Opportunity: The California City Management Foundation is offering two \$1,500 scholarships for graduate students interested in pursuing a career in local government. Eligible applicants should go to the [Wes McClure Scholarship page](#) on the CCMF website by May 10.

On April 25, Governor Gavin Newsom signed legislation requiring out-of-state and online retailers like eBay, Etsy or Amazon to collect sales taxes like local brick and mortar California businesses, eliminating the out-of-state and online unfair advantage. Good news for our locals!

Grant News: If all goes well we should be getting over \$20,000 from Cal OES from last summer's power outage that caused damage to the City's computer systems.

The City and the Chamber are continuing to finalize the plans for the Great Race, with lots of help from the community and businesses. Come enjoy it on June 25.

In mid-April we celebrated National Dispatcher week, including special recognition for Debbie Tonelli's 35-years on the job. Our Dispatch Center handles over 13,000 calls annually, saving lives and helping those in need. City Police have also been busy with a variety of issues from deaths and drugs to traffic and illegal camping.

Public Works has been busy, including working with PG&E inspecting and fixing problems with power poles.

The incessant rains held up work by Granite (Caltrans' contractor) on Main Street curb painting as well as on Sherwood Road realignment. Completion is now project in November.

The Revit-ED Committee met in April and identified a number of signage improvements (i.e. way finding signs, gateway monuments, kiosks, hwy signage, billboard, directional signs) that would attract and guide the traveling public to key destinations in the City and help local businesses. They also developed ideas to improve City recreational facilities and parks. Some funding may be recommended in the upcoming City budget and/or grant requests.

Applications are now being accepted for potential medical cannabis dispensaries in designated zones the City, with a deadline of May 21st. If more than three apply, there is process to select the top three, as specified in the ordinance.. Information is on our website at <http://www.cityofwillits.org/240/Medical-Cannabis-Activity-Program>.

The Engineering Department has been busy with several projects, including North Maple Street Improvements, projected to start mid-June; Blosser Lane Drainage, also scheduled to begin in June; and Pavement Preservation Project (slurry sealing) on 7 streets beginning in late May. Staff is working to complete plans for utility replacement and paving of Maple, Pine, and Spruce Streets, likely to be constructed between July and October. The City has also contracted for flood mapping in case of a dam breach.

Now that the rain is mostly over, the Davis Creek Water Main relocation is back in progress. We will notify customers when their service will be affected. Similarly, flushing of water lines proceeds. Please check the flushing hotline at 459-7104 for updates as to where the operators will be flushing next. Both City reservoirs are at full capacity!

(Continued on page 5)

Acupuncture Awakens the Healer Within.



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(Continued from page 4)

The Watershed Salvage Logging and Reforestation project has now planted approximately 80,000 new trees since that portion of the project was completed last November.

NOTE: These are abbreviated highlights of a more detailed report from City Manager Stephanie Garrabrant-Sierra as of April 25, 2019.

PG&E PLANS EMERGENCY OUTAGES – by Madge Strong

Because of the recent horrific wildfires, in part blamed on downed PG&E high-voltage power lines during high wind and drought conditions, PG&E is undertaking a major effort to address wildfire safety. PG&E representative Brian Bottari summarized their program at Willits City Council on April 24. He also promised there would be another public forum in Willits.

Willits is surrounded by Zone 2 and 3 high fire hazard areas. Most of the Valley floor is not in the zone, but its power lines come through the high hazard zones (which is why we lost power in the 2017 Redwood Complex fire).

Cutting off power ('de-energizing' the lines) is a last resort but necessary in high wind hazardous situations, said Bottari. Meanwhile PG&E is also taking preventive short- and long-term steps such as inspection and clearing of lines, upgrading to steel poles where needed, and other system improvements. "It's basically 5 years of inspections that we are getting through in the next few months," said Bottari.

The two most important take-aways for local residents:

1. Go to pge.com to register your contact info so they can alert you in case of emergencies; and Be prepared for power outages of 48 hours or more when hazardous conditions arise. This could happen with very little notice. PG&E's website has info on how to be prepared.

FREEDOM FROM PTSD WORKSHOP

June 22 – by Annie Waters

The Little Lake Grange is enthused to present the community with this opportunity for healing and resilience! We began this idea after our community suffered from the 2017 Redwood fires which resulted in a number of deaths as well as 500 lost homes. Some people have never recovered, including a few first-responders.

This free PTSD community resilience workshop will be Sat. June 22, 1-5pm at the Grange. It is being funded by the Community Foundation and fiscally sponsored by WELL.

Presenters include:

Panel of 4 professional psychologists including a child-family specialist, (Jed Diamond, Paul Jacobson, others not yet confirmed); EFT "tapping" demo; Cannabis healing for PTSD - Maureen Smythe RN; Yoga short form demo; Psychosomatic release demo; Horses, pets and animals - our healing friends; Farmers - the healing power of working in soil, the garden supporting new growth; Project Sanctuary - local women's shelter handles PTSD cases all the time.

This will be a great workshop for any community members who have found themselves in a life or death situation, plus people will come so that they can help their friends. More info from Annie at awaters@pacific.net.

CANNABIS MEDICINALS

June 9—by Annie Waters

This hands-on workshop will explore Ancient Apothecary wisdom in combination with modern Herbal Knowledge.

Learn the benefits of cannabis medicine and how to use it safely and effectively, including herbal products - topicals, infusions, extracts, sublinguals, cosmetics, and the differences between using whole flower for smoking or edibles and various strains of cannabis. Get answers to your questions in a safe environment. Learn how to make simple & basic multi-use medicine.

The workshop is on Sunday, June 9, 1-4pm in Willits. It is led by Annie Waters, BS, an accredited chemist & nutritionist who has been growing & using herbs as an alchemical medicine maker for 50 years. She will also share a delicious "edible" cannabis recipe made with infused coconut oil and you will learn to make nutritious snacks for people with busy lifestyles.

Class fee \$30. Enrollment is limited.

Email [<awaters@pacific.net>](mailto:awaters@pacific.net) or call 707-889-2449 to register and for details.

GLEANERS PLANT SALE – May 19

The theme of the Grateful Gleaner plant sale this year is “Diversity: best for people; best for the planet”.

Prepare your garden beds now for the popular plant sale on Sunday May 19 from 10am until 3pm at 130 Tuttle Lane. Over a dozen local gleaners and gardeners are donating a wide variety of vegetable starts to get your garden producing a healthy and diversified diet with flavors you won’t necessarily find in the grocery store.

In addition, an eclectic variety of flower starts, heritage perennials, ground covers and low-maintenance landscape plants can be purchased to help you create a habitat that draws a host of beneficial insects, bees, butterflies and birds. You can create your own backyard oasis and sanctuary that will thrive throughout the driest months.

New this year will be stands for two of our local seed companies —Quail Seeds and Sundial Seed Company— who will be selling non-hybrid and open-pollinated seeds adapted to our local climate and easy to grow in organic gardens. Both companies have seeds for food, medicine, habitat and seed-saving.

Proceeds from the plant sale enable the Grateful Gleaners to continue their mission of harvesting fruit from local and distributing it to local organizations including the Food Bank, Willits Daily Bread, Willits Senior Center, local schools and Caring Kitchen. The Gleaners also strengthen local food security through small grants to farmers who produce food for Willits and the surrounding communities.

FARMERS MARKET Moves Downtown!

The Willits Farmers Market is happy to announce the start of its summer season with a move to a new outdoor location. On Thursday, May 2nd, the Market will be held outdoors on W. Mendocino Ave., from Main Street to Muir Lane, with extended hours from 3 to 6pm.

In addition to the same great produce, meat, eggs, bread, and baked goods, new vendors will be added featuring delicious prepared foods, crafts, and local plant starts. The Farmers Market will also still accept WIC and EBT, including the Market Match, which matches EBT transactions dollar for dollar, to provide extra money for shoppers to purchase fresh fruits and vegetables.

Shoppers are welcome to park in the old Rexall parking lot, the parking lot behind Busters, or on Main St. Head on down to the Willits Farmers Market with your friends for live music and fantastic local food, while enjoying the great outdoors at the new location on W. Mendocino Ave.

WORKSHOP SERIES

From School of Adaptive Agriculture

The School of Adaptive Agriculture is continuing a series of Spring-Summer 2019 workshops on a range of agricultural topics, including small-scale dairying and growing high-caloric crops.

Growing High Caloric Crops (potatoes, dry beans, flour corn, winter squash and quinoa), hosted by Green Uprising Farm, continues on two Saturdays each month until September. \$15 per session.

Dairying for the Small Farm and Homestead, also offered by Green Uprising, continue May 11 and 25, and June 1 and 15.

For a full listing of the School of Adaptive Agriculture 2019 Spring/Summer course offerings go to: <https://www.school-of-adaptive-agriculture.org>.

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WELL'S ENERGY FORUM – Report

Excerpts from Forrest Glycer's Willits Weekly article plus notes by Madge Strong

Sustainability was the focus on March 28 at the Willits Environmental Hub as a group of activists, business owners, local elected officials, and representatives from Sonoma Clean Power gathered together for an Energy Forum hosted by Willits Economic Localization (WELL).

Local renewable energy pioneers Michael Hackleman, John Takes and Keith Rutledge all spoke at the event, as did 3rd District Supervisor John Haschak and Willits City Councilmember Madge Strong, who is also chair of the board of WELL and an alternate rep on the SCP board.

Representatives of Sonoma Clean Power led off the forum. SCP now provides energy generation for much of Sonoma and Mendocino counties, although PG&E still distributes that energy. Under SCP's basic service, 45% of its energy is from renewable sources, such as wind & solar, and 87% is from carbon-free sources. (42% is from hydroelectric – carbon-free but not considered 'renewable.')

Customers can also choose to get their power from 100% local, renewable sources by signing up for the Evergreen Service, which costs about 11% more. [These customers enable SCP to invest in more local solar projects.]

SCP's mission is "to create local solutions to the climate crisis...through bold ideas and our practical programs. It's incredibly important and cannot wait. A great thing about being a local agency to Sonoma and Mendocino counties is we can react and respond to needs here locally," said SCP's spokeswoman.

Some programs include grants for 2017 fire victims; free EV charging stations in homes; and DIY energy efficiency toolkits available for check-out at local libraries, including Willits.

Each of the speakers added valuable perspectives:

Keith Rutledge urged investing in energy conservation, noting "you're already paying for it in your monthly bills."

Vince Capri of Apperson Energy stressed "clothing your house," i.e. insulation and stopping energy leaks.

Michael Hackleman has focused on off-grid systems, noting those homes can do all the same things with about 1/5th the energy – just paying attention.

John Takes returned to Willits with his North Bay Solar Electric company, and they'd love to help folks go solar here. Michael Foley brought in the idea of micro-grids that can provide their own power in the event of the big grid going down.

John Haschak has been very helpful in the Board of Supervisors' approval of a Climate Action Plan now being initiated. Madge Strong is hoping to get City of Willits to prioritize energy conservation, especially with big users like the wastewater treatment plant.

Unfortunately, space in this newsletter is very limited. Read Willits Weekly's April 11 article for more details. If you'd like referrals to any of these speakers, contact Madge at mstrong@willitsonline.com.

ERRP: Willits Goes Wild Field Trips 2019 – by Pat Higgins

The Eel River Recovery Project's (ERRP) field trip to the upper Eel River in March was a big success and much fun was had by all. Willits folks got into Robin Leler's Willits Goes Wild van, then joined another 10 people in Potter Valley.

The most exciting stop was the upper Eel River roaring over Cape Horn Dam - like standing near Niagara Falls. The group also stopped to see the salmon habitat improvement project near the Trout Creek Campground and Tule elk grazing on the shores of Lake Pillsbury and another 60 near Salmon Creek.

The next upper Eel River field trip is planned for June 15 and may include bicycling. Swimming will be the main emphasis of the August 17 trip. Call Robin at 459-0155 if you want to get on board.

EERP (formerly sharing space at the Hub, now with an office in Laytonville) is exploring the feasibility of developing an Upper Eel River Salmon Parkway that would increase opportunities for hiking & biking, swimming & boating, and salmon habitat restoration. Willits could be a jumping-off point for lots of recreational tourism! Go to www.EelRiverRecovery.org, call Pat at 223-7200, or follow ERRP on Facebook.



WELL CoCom Summaries - March & April 2019

Mar. 11, 2019

We approved co-sponsoring the Health Summit being organized by Claudia Wenning on Apr. 6 at the Grange.

We recently tabled at several Farmers Markets, gaining a few new or renewed members. Most renewals have come from an email and US post letter reminder, but there are still quite a few non-renewed. We need to continue an active presence on Facebook, as well as reminders.

We reviewed plans for the Energy Forum to be held Mar. 28. We also discussed Paint the Town, including status of our grant request with Community Foundation and our various projects. (See write-ups on Energy Forum and PTT in this issue.)

April 8 and 15, 2019

The April 8 meeting lacked a quorum but we had an informal brain-storm on ways to act locally on climate change. Meeting re-convened on April 15 and, with a phone-in quorum, we unanimously appointed Lisa Montez to fill a vacant Board seat.

We enjoyed reports on the very successful Health Summit and Energy Forum. We also discussed and will help organize the Rummage Sale on May 18 to raise funds for the Hub. (See articles in this issue.)

We reviewed and approved several requests for our co-sponsorship, enabling these events that are aligned with our mission to benefit from our insurance and/or tax-deductible non-profit status:

- a. Women's Empowerment, June 8, 11-5:
- b. Calendula Fair, June 9 at Rec Grove:
- c. PTSD/Resilience Event, June 22, 1-5.

We decided to table at Mariposa's Earth Day, Apr. 20, and at several big events in May and June. We'll table at Farmers Markets only on special occasions. Tabling will include giving out sunflower seeds donated to us by Gina Covina as well as calendula seeds.

We discussed **Paint the Town** at length and how to proceed despite not getting the Comm'ty Foundation grant, relying on volunteers and local fundraising. See article in this issue.

Next CoCom meetings will be May 13 and June 10
6:30 at the Hub




SHERWOOD FIREWISE EXPO May 4
PINE MOUNTAIN TOUR May 5

The Sherwood Firewise Council is holding a public Expo at the Brooktrails Community Center, Sat. May 4th, 10am to 5pm, to raise both funds and awareness. Exhibits and speakers will focus on emergency preparedness and evacuation planning plus fun games, contests, food and music. Free to attend!

The event will include a Red Hot Raffle with scores of valuable prizes from local businesses. Tickets (1 for \$5 or 5 for \$20) will be offered through the end of the day, with the raffle drawing at 5pm. Tickets are available to everyone; you don't have to be present to win. To obtain tickets call 485-2613 or email info@sherwoodfirewise.org.

There will also be games and contests at the Expo for children and adults with additional prizes – more prizes will continue to be added through the May 4 event. www.sherwoodfirewise.org and www.facebook.com/Sherwoodfirewise for more info.

The next day, Pine Mountain Firewise Council will host a self-guided tour of the neighborhood showcasing examples of methods to make homes more resistant to wildfire, stressing fuel reduction and defensible space. There will be info on local businesses that do tree work and brush removal. You can even order a reflective sign to pick up at the end of your tour.

The tour starts adjacent to 3195 Ridgewood Road in Pine Mountain – watch for signs. Maps to the demonstration homes will be available starting at 10am Sunday, May 5. All Willits residents are welcome. For info, call Lauren at 459-3475 or Don at 456-9074.



**EMPOWERMENT
EVENT**

**REFLEXOLOGY
AND
ACUPRESSURE
SELF HELP**

Introduction and
Demonstration
with Claudia Wenning

May 14th, 2019, 6 pm to 7:30 pm

Speaker Series at Cultivate Wellness Studio
291 School St, Room 4, Willits, CA

Admission is free, donations are shared with the speaker
As courtesy to the speaker please arrive on time, we start at 6 pm

Your hosts: Claudia Wenning 707 371 6103 - www.claudawenning.com
Michelle Cummins 707 972 1601 - www.cultivateacupuncture.com

ATW Presents May 7 & June 4

Avenues to Wellness' program this month is "MIDWIFERY: Health Care Beyond Childbearing Years" on May 7, 5:30-6:30pm at the Willits Center for the Arts, with guest speaker Monika Rosicka, LM, CPM, CA licensed midwife and owner of Tree of Life Midwifery Services .

Next programs is on June 4 the subject is "Working with Habitual Patterns", with guest speaker Paul Jacobson, MFT

ATW events are always 1st Tuesdays, 5:30pm at the WCA, free to public; donations appreciated. Call 456-9676 or visit avenuestowellness.org for more information.


DRIPFEST - May 18

DripWorks will be having its 4th Annual Dripfest on May 18th from 11 am to 2pm.

There will be a bird feeder painting activity for kids from 12 -2 pm and a FREE drip irrigation class for beginners from 11am to 12pm.

Tours throughout the day. For more info contact maria@dripworks.com.

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June 4, 5:30pm - Avenues to Wellness "Working with Habitual Patterns" at Center for the Arts page 9

June 8, 11am-5pm - 2nd annual Women's Empowerment Summit at LL Grange, page 8

June 8, 11am-2pm - Gardener Gathering @ Village Circle Comm'ty Garden in Ukiah. Info at gardens@ncoinc.org.

June 9, 9am - WHAT Walk, starting from JD Redhouse (stop at Calendula Fest on your way!)

June 9, 10am-4pm - Calendula Fest in Rec Grove (Herb Guild), page 8

June 9, 1-4pm - Cannabis Workshop in Willits, page 5

June 10, 6:30 - WELL CoCom at Willits Hub

June 15, 9am - ERRP Field Trip to Upper Eel River, meet at Willits Hub, page 7

June 21, 5-9pm - Hometown Celebration downtown (for booth info contact: ash-tan@jdredhouse.com)

June 22, 1-5pm - Freedom from PTSD workshop at Grange, page 5

June 25, 12pm - Great Race at Rec Grove (volunteer info, 459-7910)

WELL Coordinating Committee 2019

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WHAT IS WELL?

Willits Economic Localization is a 501(c)3 non-profit, membership organization. All donations are tax-deductible.

Our Vision: An enduring local economy that provides health and security for our community.

Our Mission: To foster the creation of a local, sustainable economy in the Willits area by helping residents to learn valuable skills and take action, and by partnering with other organizations to share knowledge and support projects that build a thriving community

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