



Willits Economic Localization Newsletter
The WELL Bucket

Volume 10, Issue 5

September/October, 2015

**Schedule of Events
 Sep & Oct 2015**

- Sept. 7, 6-9pm** – Vandana Shiva, at LL Grange, see p. 1
- Sept. 8-10**, all day, Heirloom Expo in Santa Rosa, see p. 6
- Sept. 12**, Oct. 3 and Nov. 7 – Gardening classes at Phoenix Rising, see p. 8
- Sept. 12-13** – Roots of Motive Power Open House
- Sept. 13**, 1-4pm – Open House for the New Howard Hospital
- Sept. 15 & 29**, 2-5pm, Healthy Harvest Cooking Workshops, at LL Grange. Call (707) 467-3212
- Sept. 17**, 7pm – Film: Inhabit, at LL Grange, see p. 10
- Sept. 19**, – Electric Vehicle Demo in Ukiah, see p. 7
- Sept. 19**, 6pm – Harvest Dinner, at LL Grange, see p. 2
- Sept. 27**, 4-6pm – WELL Local Investing Event, see p. 2
- Oct. 4**, 4-6pm – Town Hall, see p. 7
- Oct. 8-11**, Resilient Community Convergence at Solar Living in Hopland, see p. 3
- Oct. 9 & 10**, 16-19 – Avenues to Wellness Leadership training, info at 459-2777
- Oct. 12**, 6:30pm – WELL CoCom meeting, see p. 5
- Plan Ahead:**
- Nov. 15**, 4pm – WELL Special Guest Speaker Richard Heinberg, at LL Grange
- Ongoing Events:**
- 4th Sundays**, 8-11am – Pancake Breakfast at LL Grange
- Every Thursday**, 3-6pm – Farmers Market at City Park

An Evening with Vandana Shiva

Vandana Shiva, internationally acclaimed author and activist, will speak at the Little Lake Grange on September 7th. Dr. Shiva is a passionate and eloquent speaker on the rights of people and of nature. She is particularly known for her fight against the huge seed companies that have been stealing and patenting plants that are the birthright of the people of her native India.

This is a great opportunity for people in Willits and Mendocino County to see and hear Dr. Shiva in person. The program is from 6:00 pm to 9:00 pm and includes appetizers, wine, and a silent auction. Tickets are sliding scale from \$15-\$20 and may be purchased at Mazahar in Willits, Mendocino Baby in Ukiah, via PayPal, or at brownpapertickets.com.

Dr. Shiva has kindly offered to make this presentation as a fundraiser for the Charter Project of Mendocino County. The evening will mark the beginning of a signa-



Vandana Shiva

ture-gathering campaign to put a Mendocino County Charter on the June 2016 ballot.

For more information about the Evening with Vandana Shiva or the Charter Project of Mendocino County contact Mary: maryzel@willitsonline.com; 459-3963.

**Charter Initiative Signature Gathering Starting
 by Mary Zellachild**

The Charter Project of Mendocino County is starting its signature-collecting campaign to get a County Charter on the June 2016 ballot. That may seem a little strange since we haven't even had the November election yet—but getting something on the ballot is a long process.

This is also a new concept for many people. What's the purpose of Mendocino becoming a charter county?

The overall answer is: it will give us a greater degree of home rule.

According to the California Constitution, the provisions of a charter

A charter will give greater strength to measures already passed and make way to vote for what we do want in our county.

have the same power as if they'd been passed by the State Legislature. Mendocino County voters

Continued on page 2

LOCAL INVESTING: HERE'S HOW! WELL EVENT, SEPT. 27 by Madge Strong

Do you have a few thousand dollars sitting in a bank account or CD? It's earning virtually 0% and god knows where that money is invested – certainly not locally!

I'm very excited about a new opportunity for investing in our local economy. Economic Development & Finance Corp (EDFC), a non-profit dedicated to promoting economic well-being in Mendocino & Lake Counties, has created a brand new, cutting edge vehicle for local investing. It's called a "Direct Public Offering" (DPO), and it's eligible to anyone in California.

The minimum investment in the DPO is \$1,000. The goal is to raise between \$250,000 and \$1 million, which will then be loaned at reasonable rates to enterprises that are good for the triple bottom-line: people, profit, and planet (or employment, economy & environment). EDFC has an excellent 20-year record of making wise, community-enhancing investments. Your investment in this fund would

be paid back over a 6-year period at 2% per year, with interest deferred the first two years to enable "patient" money for new businesses.

There are already exciting prospective recipients of loans, such as a wool processing facility, bio-char enterprise, and/or meat processing plant.

You can learn all about it, ask questions and - if you're ready - make an investment in our local future at this event:

—Sunday, Sept. 27th, 4-6pm, at Willits Library

—Guest speaker will be John Kuhry of EDFC. We may also have representatives of potential loan recipients like the wool processing facility. Feel free to contact John at 467-5953 or info@edfc.org for more info or to get a copy of the "Offering Memorandum" for the DPO.

MadgeStrong, WELL Coordinating Committee member, is also City of Willits rep to EDFC.

Charter Initiative Signature Gathering Starting

Continued from page 1

would be able to pass measures not restricted by a specific provision of the CA Constitution.

This county has been in the lead of protecting its citizens by passing measures that prohibit nuclear power, GMOs and—most recently through Measure S—ban fracking. Voting to become a charter county is the next step in stating our intention to have the kind of governance we want. A charter will give even greater strength to those measures

already passed, while leaving the way open to vote for what we do want in our county.

We believe it's necessary to keep the momentum of grassroots activism alive. Becoming a charter county gives us a strong tool to use in that ongoing process.

For more information on the Charter Project or to become a signature-gathering volunteer, contact: maryzel@willitsonline.com or 459-3963.

10th Annual Harvest Dinner hosted by the Grange Farm School

An emerging generation of food producers is being equipped with skills right here in Willits. This community is ripe with agrarian elders, creative thinkers, and intelligent consumers!

We hope that you will join us on September 19th at 6:00pm in the great hall of the Little Lake Grange. Enjoy drinks and hors d'oeuvres prior to dinner, all to benefit the Grange Farm Schools important mission. The evening will include a rustic farm fresh meal primarily grown, sourced, and prepared by the Farm School team. Savory farm fresh pies, both vegetable and pasture raised chicken will be main courses, accompanied by many delicious side dishes to be shared with friends and community. Each table will be sponsored by a local farm, and centerpiece baskets from each farm will be auctioned off.

Please consider bringing a home baked pie for the home-made pie auction.

Join us for entertainment, music, laughter, and food. Celebrate the incredible achievements of the Grange Farm School in its' first year of running educational programming!

Tickets are \$35 and are for sale at JD Redhouse & Co., and the Willits Farmer's Market. Tickets sell out every year so get them early!

For more information contact: Ruthie King 841-1588

2015 Building Resilient Communities Convergence

by Susan Silber

The Convergence will be held at the Solar Living Institute in Hopland CA from Oct. 8-11, and will bring together the permaculture, Transition and community resilience movers and shakers throughout northern California for a weekend of inspirational speakers, workshops, networking, music and FUN. In other words, it's gonna be a blast!

The Convergence is being organized by Living Mandala, the newly emerging NorCal Community Resilience Network and a host of other organizers. Workshop presenters will receive a discount to the Convergence. We will also be accepting work trade applications for pre-Convergence work and event support. For info go to: <http://permacultureconvergence.com>.

PACE Update

In early July the County Board of Supervisors approved the establishment of two Property Assisted Clean Energy (PACE) programs in Mendocino County. On Aug. 12 the Willits City Council voted to enable City businesses and residents to also voluntarily join the program.

This program allows eligible properties to finance energy and water efficiency improvements by borrowing against their equity and then paying back the cost through annual property tax assessments.

The program is still pending final validation of the Golden State Finance Authority financial plans at the state level. When available, the program will be administered by Ygrene, a private business with extensive experience, at no cost or risk to the local governments.

MENDO-LAKE FOOD HUB IN WILLITS

(Excerpt of Ian Fitzpatrick's article for *Willits Weekly*)

Local farmers—in concert with Farmers Guilds, granges, and organizations like North Coast Opportunities and farmers markets—are working to rebuild a vibrant agricultural economy in Lake and Mendocino Counties.

One piece of that puzzle is the MendoLake Food Hub, a project that is two years in to a three-year USDA Specialty Crop block grant administered by NCO.

The MendoLake Food Hub aims to connect local buyers – like restaurants, grocery stores, schools and buying clubs – with local specialty crop farmers. “We want to re-create a system where there are creative endeavors and economic opportunities for everyone to engage in,” said Food Hub Coordinator John Bailey. “We also want to ensure there is enough local food to meet local demand.”

Using a web-based system, farmers upload the produce they have for sale, and buyers select from available crops. Farmers then drop produce at the closest cold storage “node” (cold-storage shipping containers). There are now nodes in

Willits, Ukiah, Caspar, Lakeport and Anderson Valley. The Willits node is located at Wowser. A kick-off was celebrated on July 23rd.

The Hub takes care of accounting and also provides free marketing and technical trainings to participating farmers. Michael Foley of Green Uprising Farm commented that “The Food Hub takes away some of the burden and makes it possible to sell to new markets without incurring sales, marketing, accounting and transportation costs.”

Building resilience was a major theme of the Willits kick-off evening. The community has much more control and stability if there is local infrastructure to grow and distribute food, and everyone benefits from buying locally.

“The Food Hub demonstrates a creative, local solution to the problems farmers have distributing their products in such a vast rural area,” said Ruthie King, director at the Grange Farm School at Ridgewood Ranch.

To learn more about the MendoLake Food Hub, visit www.mendolakefoodhub.com or call 467-3238.

GRID's First Solar Install in Willits! by Maggie Graham

With the help of a high-school volunteer group from Developing Virtue School Girls' Division, GRID successfully deployed 2.2 kW of solar power on Dustin and Rebecca's Willits home this Spring.

The GRID team has been hard at work installing solar for tribal families around Mendocino and Humboldt Counties. This project marks GRID's first installation in the City of Willits.

“We hope that we can build interest with more homeowners and volunteers in the area,” said Maggie Graham, Outreach and Volunteer Coordinator with GRID. “Hopefully this will be the first of many installs in our hometown of Willits!”

See more at: <http://gridalternatives.org/news/grids-first-install-willits-ca#sthash.aOwMUcXz.dpuf>

Poisoned Dead Standing Trees Citizens Initiative by Els Cooperrider

Firefighters in Mendocino County have filed a citizen initiative to address fire danger caused by poisoned and left standing trees. This is done by commercial forest companies with a technique called "hack & squirt". There are now millions of dead trees standing in our coastal forests, adding dry fuel to the extremely dry conditions during this extended drought..



Some background:

When redwood forests are (over) cut tanoaks increase in density and abundance. This a natural process of what ecologists call "secondary succession," where after disturbance the forest goes through a succession of species that eventually replace each other and are eventually replaced by a forest dominated by redwood.

The successional species are important because they prepare the site for the return of the redwoods by stabilizing soils, retaining moisture, replenishing soil nutrients, providing shade, and many other critical ecological functions.

Shortcutting this process by poisoning important successional species such as tanoak, madrone, and manzanita is a risky way of regenerating a severely damaged redwood forest ecosystem.

There are many reasons why hardwoods should not be killed and left standing, besides the ob-

vious fire hazard. A mature tanoak tree can produce as much as 250 pounds of acorns that were a favored and critical food source of the Pomo Indians of Mendocino and Sonoma Counties. They are also an important food source for many species of wildlife including deer, bear, boar, dusky-footed woodrat, turkey, quail, squirrels and many others.

When passed, this initiative will declare the practice of intentionally killed and left standing trees a public nuisance. Over the next four months 2502 petition signatures will be needed from Mendocino County voters to qualify for the June 2016 primary ballot to put an end to this practice.

The text of the initiative and information on where to sign petitions can be found at <http://CitizensForFireSafeForests.com>

City Of Willits— Not Using Herbicides

After both Willits City Council and the Board of Supervisors successfully urged Caltrans not to use herbicides on Little Lake Valley wetlands, we learned that the City itself had been using herbicides as part of its mitigation wetlands at the waste water treatment plant.

The City is required to meet certain performance standards for establishing wetland plants by its permits with the Regional Water Board and US Army Corps of Engineers. For the past two years or more, the "standard practice" has been to apply Garlon and Round-up to invasive species after they have been cut back.

Several members of the Council and public expressed concerns about the impact of herbicides, particularly near streams and wetlands.

In its report to City Council on Aug. 26th, staff assured the community that, going forward, they would rely on mechanical and manual methods of controlling blackberries and other weeds. The results will be closely monitored. If at some point it is determined that herbicides must be used to achieve successful wetlands (as required by agency permits), this decision will be brought to City Council for consideration.

Start Here With:

- Organic and Open Pollinated Vegetable Seeds
- Certified Organic Potatoes
- Naturally & Locally Grown Vegetable Starts
- Fruit & Nut Trees



Sanhedrin Nursery
1094 Locust St. Willits 459-9009

Patronize our
Advertisers

Tell them you saw
their ads in the
WELL Newsletter

Call 459-1493 or email
office@well95490.org to
inquire about advertising

Caltrans Bypass – Update (Aug. 28 '15) by Madge Strong

The long struggle for a better bypass has become moot. In a microcosm of global and national issues, big machines (literal and political) often prevail. Locally, we'll do our best for a healthy post-bypass Willits and Valley.

We did recently win one concession: Caltrans and its main mitigation contractor Hanford Restoration Services decided that, for now, they won't use herbicides on the mitigation wetlands, due primarily to the public pressure they received.

On Aug. 13th, Caltrans had scheduled a public meeting (about herbicide use) which they cancelled, but citizens went ahead with a meeting anyway. It was well-attended and very informative. Issues included:

- 1) Dangers of herbicide use – in case this plan comes back.
- 2) The environmental damage being done by bull-dozing and vegetation clearing for so-called wetland creation areas.
- 3) Caltrans' blatant disregard for protection of Native cultural sites. Here's a link to an excellent 14 minute video on points #2 and 3: <http://youtu.be/E2HbRVVqZA>.

SOLLV and Native tribes have been lobbying Caltrans, elected officials, and resource agencies for a pause in the mitigation activities to explore ways to reduce these impacts.

Another remaining issue is further funding. Caltrans may return to the California Transportation Commission, as well as our county

MCOG for more local funds. Current mitigation work is only a fraction of what is needed. There are also likely to be more cost overruns, and the contingency funding has long since been exhausted.

Recently OSHA finally issued its report on the January collapse of a 150-foot section of the viaduct, finding major lapses in the design, construction and supervision. Three workers were seriously injured. The fines, however, were minimal.

As the bypass nears completion, we'll hear more about the "child projects," including reconfiguring the Sherwood Road intersection and repair & paving Main Street, as part of relinquishing old Hwy 101 to the City.

CoCom Summaries

July 20, 2015

We discussed logistics for the Aug. 15 Garden Tour, with lots of volunteers needed to help with food, set-up, etc. For future 2015 programs, Madge will host a local investing event featuring John Kuhry of EDFC in late Sept., and then we have the Richard Heinberg event on Nov. 15th.

We note the Caltrans planned public meeting regarding herbicide use on Aug. 13 (later changed to a citizen-led meeting). Also the City Council will be considering its use of herbicides at the meeting of Aug. 26th. (See article.)

We celebrated the new WELL website, but are still working on improvements, timely posting of events, newsletters, etc.

We'll plan ahead for a member renewal mailing around end of Oc-

tober, which can also promote the Heinberg event.

Aug. 10, 2015

We finalized details for the Garden Tour. (See report in this issue.)

We approved a \$50 donation from WELL to Lovin' Mama Farm, that hopes to buy acreage for a permanent local-serving farm in Willits. Several of us also made individual donations. (See article in this issue.)

Plans are progressing for a WELL-sponsored gathering for potential DPO investors with John Kuhry.

We had a lively discussion of what role(s) WELL does and might serve, especially since many activities WELL initiated or advocated have spun off to other groups. Our

positives include: non-profit status, insurance, many loyal members, an informative newsletter, new website, money in the bank, hosting educational events, etc. We want to continue serving as an information hub.

Two CoCom members wish to retire, and we need fresh ideas & energy! Some ideas: more PR about what we do; look at other localization communities; focus on sustainable local economy; survey local businesses to see what they need; work with the newly revitalized Chamber of Commerce; consider pursuing grant funds. Stress local well-being rather than fear-based motivations.

Due to schedule conflicts, we will skip CoCom in Sept. Next meeting will be Oct. 12th, 6:30 pm at the North East corner of the WISC Complex. (Enter from East Valley.)

WELL Garden Tour (Excerpt of Jenny Senter's Report for *Willits Weekly*)

True gardeners don't worry about high temperatures or a bit of smoke in the air when faced with a chance to learn more about their favorite subject, gardens! Over 20 gardeners showed up for the Willits Economic Localization's (WELL) 9th annual garden tour of Westside gardens on August 15, 2015.

The walking tour, led by Madge Strong, set off from Brookside School to visit six gardens on Redwood Avenue, North Street, West Mendocino Street, and then the final garden, the Brookside School Farm, which hosted a hearty lunch

(thanks to many volunteer cooks!), music and a tour of the garden.

Featured on this tour were gardens that use methods to reduce water use. Some gardens used grey water and/ or rainwater catchment systems to offset the drought. Also prevalent was the use of swales to harvest rainwater for the aquifer and berms which offer fertile planting beds. These and many other methods of water conservation were especially interesting for attendees anxious for ideas to help keep their gardens alive during this epic drought.

For a garden-by-garden description of highlights or for information on becoming a member of WELL, please go to our WELL website, www.well95490.org.

In a conversation about the tour over lunch, many members of the group said they thoroughly enjoyed the different gardeners' ideas on water conservation. Patricia Wilson, who took the tour, commented that "It was nice to learn how ingenious folks can be when natural resources are scarce."

National Heirloom Expo in Santa Rosa, Sept. 8-10

The Heirloom Expo features the world's largest produce display, 100 amazing speakers, heritage poultry and livestock shows, giant pumpkin and vegetable contests, foot-stomping music, tractor show, fiddle contest, biodynamic and permaculture displays, farmers market and more.

This all happens from Sept. 8th-10th at the Sonoma County Fairgrounds. Tickets are \$15 per day or 3 days for \$30 (children 17 and under free!). Buy on-line or at the gate. Go to the website www.theheirloomexpo.com or call (707) 773-1336 for more info.

College Gardening Class in Willits

by Antonia Partridge

A new gardening class focused on sustainable vegetable and fruit growing is open for enrollment now.

Students in the class will plant and care for a vegetable garden plot at Willits High School Farm. Information packed lectures will be blended with hands-on practical instruction to real-world situations in the field. Harvests from the class will be distributed among students to enjoy fresh healthy produce.

Topics covered will include plant propagation, water wise irrigation, organic pest control, soil fertility management, post harvest preservation, garden design and more.

The instructor, Antonia Partridge, has gardened in the interior of Mendocino County for 15 years and will provide instruction specific to our local climate.

This new class offering meets Saturdays at Willits High School through a collaboration between Mendocino College and Willits Unified School District. Community members may enroll in AGR 180 Section 1800 at the Mendocino College North County Center (372 E. Commercial Street) in Willits. The

course is approved for dual enrollment, and Willits High School Students may earn both high school and college credit simultaneously. The first class meeting is 9:00am Saturday August 29 at the Willits High School Shop.

For information on this or additional agricultural course offerings this fall call the Mendocino College Agriculture Department 468-3148 or 468-3218.

sergio galarza
se habla español
707-972-6594



Home Performance Contractor
Energy Conservation
Contracting & Consulting
Hi-Efficiency HVAC upgrades
Thermal Windows
HERS Rater • Insulation
Rebates • Duct Testing
Lic. 431271 B-1, C-2, C-17

Local (707) 485-5158
Toll Free 887-485-5158
Fax (707) 485-1986
appersonenergymanagement.com
P.O. Box 366
Redwood Valley, CA 95470

apperson energy management **a.e.m**

Electric Vehicle Demo, Sept. 19 by Janet Orth

Greetings, fellow Electric Vehicle enthusiasts!

It's official – we are hosting a Ride & Drive educational demonstration on Saturday, September 19, 2015 in downtown Ukiah, as part of the fifth annual National Drive Electric Week. As far as we know, this is the first NDEW event in Mendocino County.

You are invited to show off your EV and share your experience with the community, or just come and see them. The more EVs the better—we need you! Please register at our event page: <https://driveelectricweek.org/event.php?eventid=379>

Just down the street will be the

Fabulous Flashback Car Show, so we'll offer a flash-forward glimpse to present and future car lovers. Vendors and crowds will be present in the downtown area.

Our event is located at the City of Ukiah's EV charging station, so if you come from a distance and need to recharge, we will have it reserved for the day and take turns.

Let me know if you have questions or to register your vehicle.

Janet Orth, Deputy Director/CFO Mendocino Council of Governments (MCOG) (707) 463-1859, orthj@dow-associates.com, www.mendocinocog.org

TOWN HALL

"Would you like more art and recreation opportunities in the 95490 Community?" is the topic for October's Town Hall Meeting. Our panel will explore the vision members of the community have. Holly Madrigal, a member of LAF-CO will address issues arising from the formation of a special arts and recreation district. Supervisor Dan Gjerde will recount his experience forming and operating an arts and recreation district and will discuss the benefits.

Tentative date: Oct. 4th, 4-6pm at City Hall. More information on the time and date coming soon.

Lovin' Mama Farm Seeking New Home by Corinne Hansch

Lovin' Mama Farm is seeking a new home, and so far our two top choices are in the Willits Valley. After a premature lease termination at our current Potter Valley location, we are seeking to buy a property so as to have land security into the future.

Lovin' Mama Farm has been in operation for 5 years. We grow over 250 varieties of produce and flowers using natural farming methods such as organic compost and lime, crop rotations, paper and straw mulching, and low-tillage. Flowers and herbs are planted interspersed with veggies to provide beneficial insect habitat, and a flock of 50 hens is rotated throughout the fields for their natural tilling/weeding and fertility boosting abilities. We sell our produce through our 30 member CSA, at the Ukiah and Fort Bragg farmers markets, and to local restaurants and grocers.

Our farm is thriving in many ways except one: land access. We have until the end of 2016 to transition off our current property. Our goal is to purchase enough farmland to be able to double the amount of

organic veggie production in Mendocino County, and to place an agricultural easement on the property to preserve it as farmland forever.

Small eco farms like Lovin' Mama Farm make a huge impact on their surrounding environment, such as lowering the carbon footprint of the county, increasing access to nutrient dense food, and preserving open space. With land security, we can continue to feed Mendocino County, and an easement ensures that our farm will continue providing local food into the future.

We believe that local food is the foundation of community health. That is why we are asking the community to join us in our efforts of finding secure new land! If you or anyone you know has fertile valley farmland they would like to see in organic vegetable production forever, let us know (lovinmamafarm@gmail.com, www.lovinmamafarm.com). Donate to the cause online at www.indiegogo.com, under Lovin' Mama Farmraiser, and spread the word for greater food security in Mendocino County.



Lovin' Mama Family.

Fall Garden Classes at Phoenix Rising by Ron Woolsey

Phoenix Rising Garden is located on the west side of North St. between Redwood and Pine (one of those featured in our recent tour). These classes will be 12:30 to 4:30pm on Sept 12, Oct 3, and Nov 7.

In the garden the year begins now. In Sept. we sow seeds for plants we will be harvesting into the spring; in Oct. we start rejuvenating the soil by planting cover crops; in Nov. we store last year's bounty and build compost for next spring. We will also be designing and installing a new water system, discussing what plants want to be watered when and how. We will cover cultivation, season extension, cold frames and so much more. Throughout all of our classes we will focus on the health of the soil and ways for you to take care of your bodies and souls while caring for the earth and filling your cupboards with nutritious foods.

Instructors:

Ron Woolsey served as a staff member for Alan Chadwick for two years and traveled with Fukuoka on one of his visits to California. He taught in the public school system, taught workshops and directed many community gardens.

Fred Marshall is a special treat, joining us for the Nov. 7 class. Fred served as a staff member with Alan Chadwick for seven years, taught at Mendocino College and so much more.

Fees: a suggested donation (sliding scale) is \$15 to \$25 per class or \$45 for all three. These classes are a series and designed as a package. It is highly recommended to attend all three. North Coast Opportunity's Garden Project is offering scholarships. To apply: call Stephanie Logsdon at 462-1958 or cell 919-622-7391.

For more info call Ron Woolsey 489-

5408 or check out my Facebook page "Living Sculpture Studios".

" We are the living links in a life force that moves and plays around and through us, binding the deepest soils with the farthest stars" - Alan Chadwick



Gardening the "Rat" Way

SPARETIME SUPPLY

208 E. San Francisco Ave. Willits, CA 95490
 Phone: (707) 459-6791 Fax: (707) 459-1505

Grow Good Health

Karen Lee
 Wellness Educator

PO Box 898
 Ukiah, CA 95482
 (707) 462-3509
 (866) 296-5803
 email: directaccess@saber.net
 www.karenlees.towergarden.com

TOWER GARDEN
 BY JUICE PLUS®

J.D. REDHOUSE & COMPANY

A LOCALLY OWNED MERCANTILE

Open daily 10 to 6

Clothing, Gifts, Housewares, Gourmet Coffee,
 Ice cream, Farm & Garden Supplies, Pet Foods.

212 S. Main Street, Willits, California 459-1214

Lila Ryan, PhD
 CA Psychology License 23627
 46 Humboldt Street, Willits
 (707) 709-9193

Mindfulness Based Psychotherapy

Therapeutic Massage



(707) 459 - 1745

and Bodywork

Clancy Rash, CMT

Certified Massage Therapist

- * Swedish / Deep Tissue
- * Trigger Point
- * Craniosacral Therapy
- * Polarity Therapy

CHRISTOPHER MARTIN

Realtor/Associate • CalBRE #01265820



36 South St., Willits, CA 95490

OFFICE: (707) 459-6175

TOLL FREE: (800) 767-9546

DIRECT: (707) 467-3614

FAX (707) 472-2504

CELL: (707) 367-3173

EMAIL: cmartin@pacific.net

www.realtyworldselzer.com

Acupuncture Awakens the Healer Within.



Diane Smalley, L.Ac. 456-9514
750 Central Street, Willits

Coast Hardware True Value

- Paint and Sundries
- Plumbing
- Hardware
- Electrical
- Tools
- Housewares
- Sporting goods
- Lawn and Garden

101 E Barbara Ln Willits CA 95490

(707) 459-2201 Next to Safeway

DripWorks.com
Quality Drip Irrigation Supplies

DRIP IRRIGATION SAVES WATER, TIME & MONEY!

190 Sanhedrin Circle - Willits, CA

1.800.522.3747 www.DripWorks.com

Marc Komer

Legal Document Assistant

An Affordable Non-Attorney Service

Divorce, Living Trusts,
Evictions, Probate, Incorporation,
Name Change, etc.

www.mendogaldocs.com

459-2775

104 W. Mendocino, Willits

I am not an attorney, and can only provide self-help services at your specific direction.



Mariposa Natural Foods
dba Mariposa Market

500 S. Main St., Willits, CA 95490



*Organic
& Natural Foods*

707 • 459-9630

Mary Anne Trevey Fax 707 • 459-1238

9-7 M-F / 9-6 Sat / 11-5:30 Sun



BOUNTIFUL GARDENS

Heirloom, Untreated, Open-Pollinated Seeds for Sustainable Growing
A Project of Ecology Action

Mail-order seeds, tools, books, DVDs, and supplies.
All of our seeds are open-pollinated, non-GMO, seed-saver-friendly.

- | | |
|-------------------|--|
| Vegetables | Perennial Vegetables |
| Grains | Herbs, Medicinal and Culinary |
| Compost Crops | Plants to Attract Bees and Beneficials |
| Fiber Plants | Oil Crops (and Oil Press) |
| Animal Food Crops | Edible Flowers and Nectar Flowers |

Locals can phone in their order and pick it up at our office, saving shipping costs

We are in the Evergreen Shopping Center next to the laundromat M-F, 9-4

www.bountifulgardens.org 707-459-6410

EQUIPPING GARDENERS FOR SELF-RELIANCE SINCE 1982

Now and Then Films:

Sept 17, 7pm, at the LL Grange

Film: Inhabit: A Permaculture Perspective

Inhabit translates the diversity of permaculture into action, solving issues related to agriculture, economics, governance and more. The film is an invitation to a new way of being, a reminder that humans are capable of being planetary healing forces.

More info at: inhabitfilm.com, or call: 459-6362.

WHAT IS WELL?

Willits Economic Localization

Vision: An enduring local economy that provides health and security for our community.

Mission: To foster the creation of a local, sustainable economy in the Willits area by helping residents to learn valuable skills and to take action, and by partnering with other organizations to share knowledge and support projects that build a thriving community.

WELL Coordinating Committee 2014

Kimbal Dodge, 456-9128

Paul Jacobson, 513-5313
4paulj@gmail.com

Holly Madrigal, 459-0447
one_visionary@yahoo.com

Tim Rice, 456-1146
tim@multitalents.net

Madge Strong, 459-1493
mstrong@willitsonline.com

Willits Economic Localization

WELL is a 501(c)3 non-profit, membership organization.

Donations are tax-deductible

WELL Email: office@well95490.org • Website: www.well95490.org • Phone: (707) 459-1493



Willits Economic Localization
P.O. Box 42, Willits, CA 95490